

# THE CAUSEWAY

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April 2011

## Fight to keep path project alive

By Suzanne McFadden - Chairperson, Whenuapai R&R

We have a fight on our hands.

The \$1.9 million footpath and cycleway project we fought so hard to get underway, which should have gone into construction this month, has hit a major road block.

The funding secured through the Waitakere City Council late last year has now been redirected to a "large pool of funding" in the new Auckland Transport coffers, during the transition to the Super City.

So now we have to convince the new council to reassign the money to this crucial project which will address the real safety issue for pedestrians and cyclists on both Brigham Creek and Totara Roads.

The Whenuapai R&R has now made a submission to the Auckland Council, with the objective of having the Whenuapai footpaths and cycleway project reconfirmed, funded and constructed in the 2011/12 Annual Plan.

We are all so disappointed - after 10 years of campaigning for a pathway along Totara Rd, followed by six months of consultation and planning work with the Waitakere City Council, and being assured that the \$1.9 million project would be carried out and the footpath/cycleway constructed in the last quarter of 2010/2011. So we have implored the Auckland Council to continue to carry out this crucial project in the interests of our community's safety, first and foremost.

As we know, Brigham Creek Rd and Totara Rd are regularly used by cyclists and pedestrians, from runners and dog walkers, horses and riders, and farmers on tractors, to school children and mothers with pushchairs. They are also areas notorious for accidents - be they pedestrian versus motor vehicle, or bicycle versus motor vehicle. There have also been many incidents of road rage involving cyclists and

runners.

Neither road has adequate footpaths or off-road tracks, and there are minimal grass verges, creating a hazardous situation. The speed limit for the majority of Totara Rd is 80kmph.

Local residents run, cycle and walk on these roads every day - taking their lives into their own hands as they do so. Staff from the air base use these routes daily for their fitness exercises, and are forced to run on the road against the run of traffic. Some have been injured in accidents in recent years.

Many of the airbase staff also cycle to work along these roads. A dual footpath/cycleway on Brigham Creek Rd - from the intersection with Kauri Rd through to the Airbase gates - would give them a much safer passage. People from outside the area regularly use these stretches of roads to cycle, walk and run too.

The paths will also allow school children to walk or ride their bikes to Whenuapai School. As a community, we wish to encourage our children to do this.

There are some good signs that this project will still go ahead. The detailed design of the paths, successfully tendered by Blue Barn, is almost complete. We have been assured by the Upper Harbour Local Board that it has reconfirmed its support of this "very worthwhile project" through the current Annual Plan process. We are heartened by this support.

We've put a great deal of work and effort in getting this project off the ground, to get what's best for our community. We can only trust the Council will recognise how vital it is for this project to continue, and the footpaths start taking shape on our landscape within the next year.

## NEWS & VIEWS

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## STOP PRESS

**See insert of the Government media statement about the two new schools in Hobsonville to be designed, financed, built and maintained under a public-private partnership.**

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## Causeway Information

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Causeway is published as an independent community newsletter to  
support both the Whenuapai Ratepayers & Residents Association  
Inc. and Herald Island Residents and Ratepayers Association Inc. to  
inform the residents and ratepayers of events and proposals that  
affect the local area.

Circulation 1,200 — pass it on to your friends or tell them to read the  
Causeway online at [www.thecauseway.co.nz](http://www.thecauseway.co.nz)

The views and opinions expressed in this newsletter are those of the  
individual contributors and not necessarily those of the Causeway  
Committee.

While we try to ensure accuracy of information, the Causeway  
Committee accepts no responsibility for errors or omissions made by  
individual contributors.

Layout & Printing: Huapai Copy & Print

## The fish that Sam caught



Sam Clive with his Kingfish caught at the bottom of the garden in  
Ferry Parade 2 weeks ago. The biggest fish caught so close to  
Herald Island shore??

We found Sam lying on top of it!!!! to stop it from getting away,  
until his Dad could help him (it was flapping about a lot).

## Obituaries

### Audrey Jackman

It is with great sadness that we report the passing of Audrey  
Jackman, one of Whenuapai's long-term residents, on Sunday  
27th March.

Born in Mosgiel, Audrey's early career as a cook introduced  
her to her life long passion for flying. She worked as chief cook  
at Tairei RNZAF station then later moving on to Ohakea and  
finally RNZAF Whenuapai in the early 60's. Audrey was one  
of the first members of the Aviation Sports Club at the base and  
after learning to fly and gaining her Private Pilots Licence she  
discovered the joys of parachuting. At age 39 she made her  
first jump which fired a passion she kept for the rest of her life.

After many years travelling in Europe, Middle East, Russia  
and the USA Audrey returned to Whenuapai and became a  
jumpmaster/instructor introducing many people to parachuting.  
One of Audrey's most memorable experiences was being invited  
to take part in the 60th Anniversary of the Allied Landing at  
Normandy in 2004 as an assistant jumpmaster on a DC3.  
Parachuting gave Audrey a purpose for living and helped here  
achieve here life long ambition of world travel.

Audrey is survived by her children David, Pam and her  
extended family. We will miss you Audrey. Your spirit is free to  
fly high forever.

### Nick Huljich

Sadly we have also received the news that Nick Huljich (JP)  
died on Monday 4th April. He and Betty have been amazing  
volunteers for Neighbourhood Support in the community and  
he will be most sorely missed.

The funeral will be held in the main Chapel at Morrisons on  
Sat 9.30am.

  
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# Calendar

- 8 Apr** John McGough (The Trumpet Man), Hobsonville RSA
- 2-17 Apr** Kumeu Arts Centre's members exhibition runs from 10-3pm daily except Sundays.
- 22 Apr** Good Friday
- 24 Apr** Easter Sunday
- 25 Apr** ANZAC Day
- 17 May** Whenuapai R&RAGM.
- 22 May** Meridian Kids Bike Jam at Totara Park, Manukau for kids aged 5-13yrs (see article this issue).
- 11-15 Jul** Jesus Christ Superstar will be performed by Massey High School students this year. The production will be held in the NEW Arts Centre presently under construction. All welcome, tickets on sale from the school office in June.

## Hobsonville motorway six months ahead of schedule

The Hobsonville motorway projects (the SH18 Hobsonville Deviation and the SH16 Brigham Creek motorway extension) are on track to be finished and open for use in September – six months ahead of schedule.

Transport Minister Steven Joyce says the government's billion dollar boost to state highway funding over three years has provided a secure funding pipeline which has given contractors the confidence to continue investing in people and machinery and complete projects more quickly.

The Hobsonville motorway projects are part of the Western Ring Route - a 48 kilometre alternative to SH1 running between Manukau and Albany via State Highways 20, 16 and 18.

Mr Joyce says when complete, the \$220 million project will, significantly reduce congestion in North-west Auckland and improve journey times between the West and the North Shore.

"The new road will also greatly improve road safety in the area by taking through traffic off the local roading network. The NZTA expects traffic on Hobsonville Road to reduce from 40,000 vehicles per day currently to 6,500 per day."

"The news that the project is on track to be complete ahead of the Rugby World Cup is an added bonus."

NZTA is currently seeking planning permission and resource consents from a Board of Inquiry to complete the largest remaining piece of the Western Ring Route – the Waterview Connection and associated improvements to the Northwestern Motorway.

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### Another BIG Winner!

Having previously had a "Big Wednesday" 1<sup>st</sup> Division winner, Pramod & Nirmala of Shree Superette have sold **another** winning ticket. A local resident won **Lotto 1<sup>st</sup> Division** on 20<sup>th</sup> June. As everything comes in threes, it's now 2 down and 1 to go!!

*Many thanks to our customers for your continued support.*

### Shree Superette

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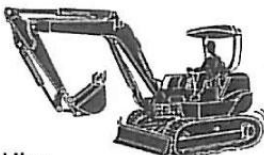
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# Time for change

It's that time of year when change is in the air. So here's your chance to voice what you want to see change, or stay the same, over the next 12 months.

Tuesday, May 17, is the date set for the Whenuapai R&R AGM, when we'll let you know what plans we have for the village in 2011. We welcome any suggestions, ideas -or even grumbles! - from you, so please attend and have your voice heard.

We've also been invited to sit down with the new Upper Harbour Local Board to let them know of our local community's aspirations, preferences and priorities for the next three years.

Under new legislation, each local board in Auckland will be developing a local board plan for adoption by October 31.

So if there's anything that you'd like to see happen in this area over the next few years, please let one of our R&R committee members know.

You can go to our website [www.whenuapai.org.nz](http://www.whenuapai.org.nz) to get a list of our contacts, and email through your ideas.

In the meantime, there are some issues we're taking care of ourselves. We're putting together a "survival kit" to store in the Whenuapai Hall in case of an emergency, with the help of Civil Defence.

Our new community noticeboard should be up and running outside the Whenuapai Village Dairy this month, so feel free to pop any notices in there for free.

We've got a new switchboard in the hall, and installation of our new heat pumps should be underway as you read this. What a difference that will make this winter.

*Suzanne McFadden*



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# Ruiha's scores at the Rugby World Cup



If you're lucky enough to get tickets for the Rugby World Cup, you'll find a little bit of Whenuapai at Eden Park.

Ruiha's Rongomai, the gorgeous natural skincare range made by Whenuapai mother and daughter Lucy and Amiria Aperahama, has been chosen to feature in the gift pavilion at Eden Park during the World Cup.

Being asked to be part of the World Cup, that will bring rugby fans from all over the world, is a once-in-a-lifetime opportunity, says Lucy.

"This is such a huge thing for us. The best part is that they approached us because they'd heard about our products," she says.

Ruiha's Kawakawa oil leads the range chosen especially for the tournament. Kawakawa is rich in medicinal benefits – it's a natural antibiotic and anti-inflammatory, and purifies the blood and calms the nervous system.

Lucy and Amiria handpick the Kawakawa leaves to make the oils, which are a double infusion to give them stronger medicinal potency.

The pavilion will also sell a Kawakawa oil fused with German chamomile which is a great healer especially for eczema and psoriasis, and Kawakawa and ylang ylang oil, great for the nervous system and a natural aphrodisiac, Lucy says. No wonder it sold out at the Grey Lynn Farmers Market on Valentine's Day...

Ruiha's range of organic essential oil spritzers and an eye cream have also been included in the Rugby World Cup's corporate gifts catalogue. All of the products are beautifully packaged in woven flax baskets.

While the Rugby World Cup kicks off at Eden Park on September 9, Lucy and Amiria will be toiling away at home in Whenuapai, continuing to make the products for their growing business – selling from their website and at markets around Auckland.

Take a look at their website at [www.ruihas.co.nz](http://www.ruihas.co.nz).

Suzanne McFadden

the bach  
119 kauri road  
whenuapai village, auckland  
tel: 09-416 8809  
fax: 09-416 7774  
dclark@orcon.net.nz

**debbie clark**

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## Causeway Clips

### Bright lights shine at Massey High

The new Performing Arts Centre being built at Massey High School will be the venue for this year's major school production. Jesus Christ Superstar will run from the 11-15 July, tickets will be on sale from the school office in June. All welcome.

### Zumba fever is on the Island

Licensed Zumba instructor Rosita Hendry, has started Zumba classes at the Herald Island Hall. No previous experience needed, just come along and have fun while getting fit. Classes are held every Tuesday night from 7pm and Thursday morning from 10am at the Herald Island Hall. Rosita can be contacted, phone: 412-9457 or mobile: 021-209-5014.

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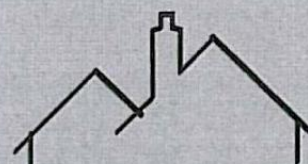
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# Annual Cricket Match a big hit!



Shrugging off the threat of rainclouds and a sharp bowling onslaught, Whenuapai have triumphed in the annual cricket test against Herald Island.

The Whenuapai side – the perfect balance of men, women and enthusiastic kids – accrued a promising total of 69 in their 18 overs, facing some punishing bowling on a low-bouncing, unforgiving pitch at the Herald Island Domain.

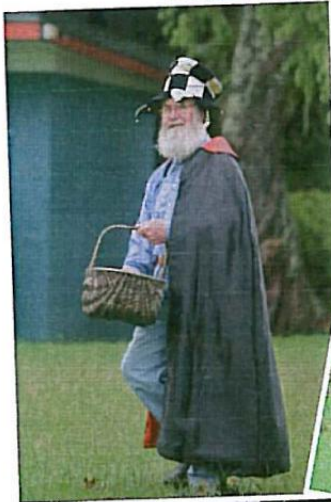
In reply, the seasoned home team set a cracking pace at the batting crease, but Whenuapai's incisive fielding restricted the Islanders to 50.

After days of rain that threatened to scupper the match yet again, the clouds parted long enough for a great Neighbour's Day gathering.

As well as the cricket, there was tug-of-war – in which Herald Island dominated every event. Whenuapai resident Peter Lamberton and his son Jordan were the clear winners in the Piggy Back race. Connor Leisky kept the kids entertained with his magic, and the Island's own Wizard, Eddie Grassick, was liberal with the lolly scramble.

Karen Alletson, resplendent as WG Grace (a long-bearded English cricketer of the 1800s), was rewarded, with a bottle of champagne, for her costume efforts.

All money raised from the raffle and sausage sizzle were sent to the Christchurch earthquake relief fund. – *Suzanne McFadden*  
Photos by Mike Hassett.



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## We love to catch them in the act!



This was just one of the comments made by our Massey Police at the recent Neighbourhood Support meeting. There were almost 70 residents and members of Neighbourhood Support from Whenuapai and Herald Island who made the meeting that night. The Senior Sergeant was impressed with our turnout, and said that this is actually an area of low crime because of the Community's true efforts to be vigilant and to notify them immediately when an incident occurs. We thank you all for taking the time to attend, and hopefully you found it useful.

Any burglary or theft however is one too many for us, so what should we be doing to protect our property?

Neighbour awareness is paramount as most burglaries occur during the day, locking up even when home, alarms, dogs, communication about 'odd' events – they all help. And if you see someone wandering around on a neighbour's property, maybe even wearing a fluoro jacket, one can always politely ask if they need help, or do they have an ID card. But remember they probably ARE genuine!

If there is suspicious activity in progress, PLEASE ring 111 straightaway, or \*555 for traffic incidents. Police usually arrive pretty quickly if there is a chance of catching the thief!

If an incident has occurred, and time has elapsed, it is still important to notify the Police (Henderson or Massey) and get the appropriate forms filled in, high incident areas get priority. Also let your Street Co-ordinator know so we can warn others!

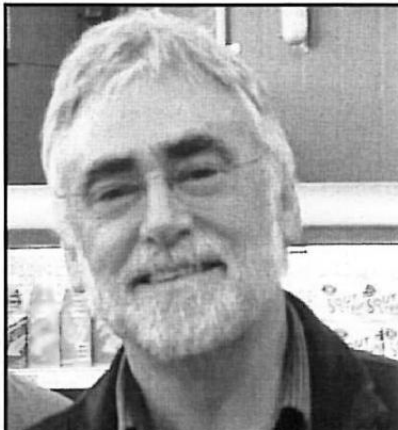
If you were not able to attend the meeting and are not already a member of Neighbourhood Support, consider joining – the more eyes and ears in our Community the better. Ring Linda 416-1911

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# Westgate women to help fight heart disease

From 21 March to 2 April, 2011, Curves Westgate waived its usual service fee in exchange for a donation to the Heart Foundation of New Zealand. Funds raised will help the Heart Foundation's *Go Red for Women* campaign, raising awareness of heart disease amongst New Zealand women, as well as being used on specific heart-health related research for Women.

The collaboration with Curves is part of an ongoing Heart Foundation drive to broaden the reach of its *Go Red for Women* awareness and fundraising campaign.

"Heart disease kills more than 2,500 New Zealand women each year, making it the single biggest killer of women," states Bruce Waldin, the Heart Foundations Marketing and Communications Manager. "Far too often these deaths are premature, but they are also often preventable. Eating more heart-healthy foods, doing just 30 minutes of moderate exercise daily, and being smoke-free are three things we can all do to help reduce our risk of heart disease."

Participation of Curves clubs across New Zealand is a significant initiative because it will help make more women aware of the need to take care of their hearts.

#### *About Go Red for Women ~*

Most women in New Zealand do not realise that heart disease is the leading single cause of death in women. Too often symptoms go undetected for a number of reasons, for example because our women are very focused on the welfare of others. This needs to change. Help us on our quest to have all New Zealand women lead heart healthy lives by following these five simple steps:

#### *Five ways to love your heart ~*

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2. Have a heart WOF. Have a regular heart health check (or "heart WOF") with your GP or practice nurse.

3. Quit smoking: it is the single most important thing you can do to reduce your risk of heart disease.

4. Take steps to eat more heart healthy foods. Choosing the right foods is a great way of looking after your heart.

5. Be active everyday: Include at least 30 minutes of moderate, physical activity on most or all days of the week. *About Curves ~* Curves, the largest fitness franchise in the world, is a facility especially designed for women featuring a complete 30-minute cardio and strength-training program that has been

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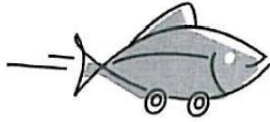
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## Important keep safe earthquake information – worth the read

Some of this information is directly opposite of what we've been taught over the years. I can remember in school being told to "duck and cover" or stand in a doorway during an earthquake. This guy's findings are amazing. I hope we all remember his survival method if we are ever in an earthquake

Extract from Doug Copp's article on the "Triangle of Life"

My name is Doug Copp. I am the Rescue Chief and Disaster Manager of the American Rescue Team International (ARTI), the world's most experienced rescue team.. The information in this article will save lives in an earthquake.

I have crawled inside 875 collapsed buildings, worked with rescue teams from 60 countries, founded rescue teams in several countries, and I am a member of many rescue teams from many countries...

I was the United Nations expert in Disaster Mitigation for two years. I have worked at every major disaster in the world since 1985, except for simultaneous disasters.

The first building I ever crawled inside of was a school in Mexico City during the 1985 earthquake. Every child was under its desk. Every child was crushed to the thickness of their bones. They could have survived by lying down next to their desks in the aisles. It was obscene, unnecessary and I wondered why the children were not in the aisles. I didn't at the time know that the children were told to hide under something.

Simply stated, when buildings collapse, the weight of the ceilings falling upon the objects or furniture inside crushes these objects, leaving a space or void next to them. This space is what I call the "triangle of life".

The larger the object, the stronger, the less it will compact. The less the object compacts, the larger the void, the greater the probability that the person who is using this void for safety will not be injured. The next time you watch collapsed buildings, on television, count the "triangles" you see formed. They are everywhere. It is the most common shape, you will see, in a collapsed building.

Tips for earthquake safety:

- 1) Most everyone who simply "ducks and covers" when buildings collapse are crushed to death. People who get under objects, like desks or cars, are crushed.
- 2) Cats, dogs and babies often naturally curl up in the fetal position. You should too in an earthquake... it is a natural safety/survival instinct. You can survive in a smaller void. Get next to an object, next to a sofa, next to a large bulky object that will compress slightly but leave a void next to it.
- 3) Wooden buildings are the safest type of construction to be in during an earthquake. Wood is flexible and moves with the force of the earthquake. If the wooden building does collapse, large survival voids are created. Also, the wooden building has less concentrated, crushing weight. Brick buildings will break into individual bricks. Bricks will cause many injuries but less squashed bodies than concrete slabs.
- 4) If you are in bed during the night and an earthquake occurs, simply roll off the bed. A safe void will exist around the bed. Hotels can achieve a much greater survival rate in earthquakes, simply by posting a sign on The back of the door of every room telling occupants to lie down on the floor, next to the bottom of the bed during an earthquake.
- 5) If an earthquake happens and you cannot easily escape by getting out the door or window, then lie down and curl up in the fetal position next to a sofa, or large chair.
- 6) Most everyone who gets under a doorway when buildings collapse is killed. How? If you stand under a doorway

and the doorjamb falls forward or backward you will be crushed by the ceiling above. If the door jam falls sideways you will be cut in half by the doorway. In either case, you will be killed!

- 7) Never go to the stairs. The stairs have a different "moment of frequency" (they swing separately from the main part of the building). The stairs and remainder of the building continuously bump into each other until structural failure of the stairs takes place. The people who get on stairs before they fail are chopped up by the stair treads - horribly mutilated. Even if the building doesn't collapse, stay away from the stairs. The stairs are a likely part of the building to be damaged. Even if the stairs are not collapsed by the earthquake, they may collapse later when overloaded by fleeing people. They should always be checked for safety, even when the rest of the building is not damaged.
- 8) Get Near the Outer Walls Of Buildings Or Outside Of Them If Possible - It is much better to be near the outside of the building rather than the interior. The farther inside you are from the outside perimeter of the building the greater the probability that your escape route will be blocked.
- 9) People inside of their vehicles are crushed when the road above falls in an earthquake and crushes their vehicles; which is exactly what happened with the slabs between the decks of the Nimitz Freeway... The victims of the San Francisco earthquake all stayed inside of their vehicles. They were all killed. They could have easily survived by getting out and sitting or lying next to their vehicles. Everyone killed would have survived if they had been able to get out of their cars and sit or lie next to them. All the crushed cars had voids 3 feet high next to them, except for the cars that had columns fall directly across them.
- 10) I discovered, while crawling inside of collapsed newspaper offices and other offices with a lot of paper, that paper does not compact. Large voids are found surrounding stacks of paper.

Spread the word and save someone's life.... The Entire world is experiencing natural calamities so be prepared! "We are but angels with one wing, it takes two to fly".

In 1996 we made a film, which proved my survival methodology to be correct. The Turkish Federal Government, City of Istanbul, University of Istanbul Case Productions and ARTI co-operated to film this practical, scientific test. We collapsed a school and a home with 20 mannequins inside. Ten mannequins did "duck and cover," and ten mannequins I used in my "triangle of life" survival method. After the simulated earthquake collapse we crawled through the rubble and entered the building to film and document the results. The film, in which I practiced my survival techniques under directly observable, scientific conditions, relevant to building collapse, showed there would have been zero percent survival for those doing duck and cover. There would likely have been 100 percent survivability for people using my method of the "triangle of life." This film has been seen by millions of viewers on television in Turkey and the rest of Europe, and it was seen in the USA, Canada and Latin America on the TV program Real TV.

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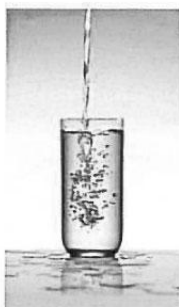
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
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\* 8-10km - Long course, more challenging, children need a reasonable level of fitness and experience.

Rules:

Bikes and bike helmets should be checked by a bike shop prior to the event. Bike helmets and suitable shoes must be worn.

A parent must accompany children under 7yrs around the course. Parents can ride, walk or run. Parents riding with children 7+yrs need to ride with their child at the back of the group.

All children must participate on a two wheeler with no trainer wheels. Great spot prizes to be won including...

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The emphasis is on FUN and giving it a go, so there will be no prizes for place getters.

For full event details, check out the website, [www.kidsbikejams.co.nz](http://www.kidsbikejams.co.nz) or fax 04-389-4754

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# A few home truths



By Michelle Rose

The number of house sales in Auckland continued its bounce back from January's slump with new listings returning to more normal levels through February and March. As a result there was noticeably more foot traffic at our open homes - especially at the new properties that have come on the market and as a result there have been pre-auction offers and multi-offers on some properties. Prices have remained steady.

Within the Whenuapai/Herald Island area there have been 3 sales made by Barfoot and Thompson in the months of February and March, at the time this article was going to print (mid March). It is interesting to see how these properties progressed in the sales process. All of the properties were marketed differently. A property at Riverlea Road went to auction, was passed in, a price was then established and subsequently sold. A property on Totara Road started with an asking price which in time was reduced and then sold. A property in Kauri Road went to Tender and received 3 offers of which one was accepted. All three home owners chose their preferred method by which to sell their property and there can be a number of reasons that determine how a home owner makes that choice. If a property needs to be sold within a certain time frame, an auction or tender would be the sensible way in which to market the property. There is a finite time in which the property is marketed and an invitation is given to buyers to purchase within that time frame. However if time is not of the essence, a property can be placed on the market with an asking price. Regardless of the method used, the most successful outcome of the sale of a property with Barfoot and Thompson, is where a home owner has invested in a structured marketing programme. Over the next few months we will have a look at the different methods of selling a property and explain the advantages and disadvantages over another.

In the meantime, if you are thinking of selling and would like a free, no obligation appraisal of your property, please phone Grant or Michelle Rose on 416-5257 or ph/txt Grant 027-298-5031 or Michelle 027-536-8918 agents of Barfoot and Thompson, West Harbour 416-5599

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## News from... The Kumeu Arts Centre

### Mystical Mask Making

#### School Holiday Workshop

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We will explore techniques of papier-mâché, working in 3D and lastly painting and decorating.

Please bring old clothes and some lunch, \$45 for two days.

Waimauku Hall, back entrance.

Dates: Tues 19th & Wed 20th of April 9.30 to 12.30pm.

Contact Alice Springford-Gough [alispringford@yahoo.co.nz](mailto:alispringford@yahoo.co.nz) or 021-174-5652

### 'A Norwest View' Photography Exhibition

June will bring a photography exhibition to be held as part of the Auckland Festival of Photography 2011 Fringe Programme.

This will be an open exhibition i.e. open to members and non-members alike, to both professional and amateur photographers.

### Kumeu Children's Art Club

This is a fantastic children's after school activity which runs during school terms for children aged 6 to 12 years.

This class is a must for children who love art. Wednesday or Thursday sessions 3.30 to 6.30pm.

This terms topic: dragons, taniwhas, seahorses, mermaids and more, drawing painting and printing.

For further information or bookings phone Libby 411-8323 or email [libpatterson@hotmail.com](mailto:libpatterson@hotmail.com)

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### Life Drawing

Classes run on the third Saturday of the month 10am till 1pm.

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### Painting for Fun and Freedom

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Gretchen Scott has a degree in Fine arts from Elam and a Diploma in teaching from Auckland College of Education and is currently taking our ongoing painting class.

Classes are on a Wednesday morning from 10am – 12pm.

Gretchen is a practising artist working mainly in oils and watercolours and has experience working with acrylics.

Her watercolours are mainly book illustration and botanical studies.


As drawing is important in any medium, the classes will include instruction in drawing as well as painting.

The classes will be fun, creative and supportive in a relaxed atmosphere.

Take the plunge and enjoy the experience.

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Pop in and visit us during the week! We have different members' artwork on the walls, which is rotated monthly, and also a variety of gifts and crafts available for sale. If you are interested in



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The Kumeu Arts Centre is open on Mon, Tues, Wed, Thurs from 10-12pm.

### Membership

A reminder, as a member of Kumeu Arts Centre Inc you receive a 10% discount for framing at the Picture Framing Company, Shamrock Drive, Kumeu.

The opportunity to exhibit in at least three members exhibitions per year.

The opportunity to have an individual exhibition on our members' wall, on a monthly rotational basis.

Monthly newsletter regarding upcoming events.

Advocacy & representation for the growing arts movement in our area.

### Venue Hire:

Please also remember Kumeu Art Centre can be hired as a venue for anyone wishing to hold exhibitions or teach any kind of classes or workshops.

Rates are very reasonable.

Enquiries please phone the Kumeu Arts Centre on 412-9480 or email [thetinshed@clear.net.nz](mailto:thetinshed@clear.net.nz) or PO Box 342, Kumeu 0841.

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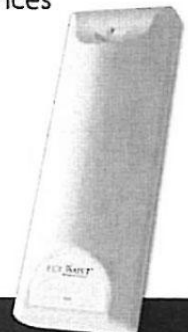
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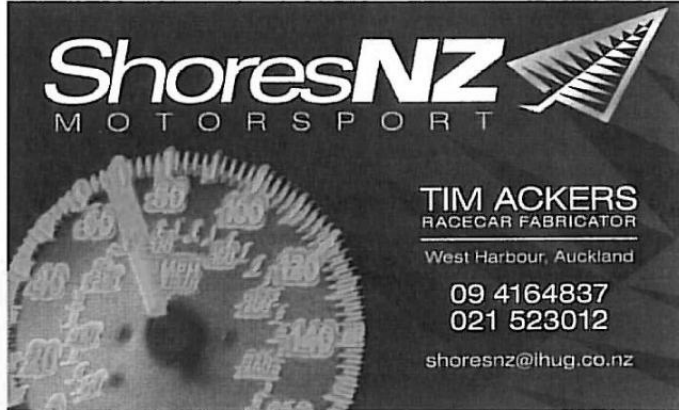
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# Looking back . . .

By Norm Dunkley

As it's so often said "Simple things can be the best" and with that in mind I guess my "mana" or what is special to me would be my favourite meal. I've travelled the world, eaten in very nice places, worked in Hotels where world famous chefs used to cook my dinner every night and yeah, it all goes in the melting pot. Yes, I've had that, tried that blah blah blah. I think if I was on death row the choice for my last dining experience would be what I've been so fortunate to be able to return home to enjoy.



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For me at this time of year, it's like when the planets are in a line and there is this "zone" the elements or gods provide me with. The short time to savour the home pleasures. It's like tonight will be the night of the pleasure feast. Fresh new potatoes from the garden dug up this morning, boiling away to be had with some mint from the herb patch mixed with good ole NZ butter. Nice BBQ steak sizzling, to be covered with slices of beef steak tomato, picked this morning and allowed to stand so the juices are just on edge. While that cooks, back down to the garden, ripping the corn off the stalk, out of the husks, washed and straight into water. To me corn can not be any other way. It is like a peach or apple off the tree, nothing can match the freshness or taste. Corn in particular starts to loose its premium sweetness within half an hour of picking. I've been told it's something to do with its simple sugars not being able to sustain themselves. I don't care, all I know it tastes sooooo good. If the people from the heart foundation could please close their eyes and turn away while I rub half a block of butter over it. Yummmmm.

To be sitting at the table with a plate of food in front of you so fresh it triggers some where in your mind, that you grew it. It's not that it's hard, dig a hole drop in the plant, water and keep an eye on it. But I think there has to be some connection there, that just does not exist otherwise, and it trickles your taste perception.

One of the things I used to pine for before coming back to NZ, when I was living in Australia, was to enjoy new minted potatoes and nice steak with a big beef steak tomato. A ¼ inch slice of tomato with ½ inch of steak going in your gob and knowing that after you have cleared your plate, bring on the corn. Then what could be better, to finish it off than with desert, some peaches and jelly.

While banging and crashing through the cupboards a while back, I found the jelly bowl. Just a bowl really but it got used for everything. The main thing I remember it for was used for was the jelly, and when you're a gullible 3 year old seeing jelly in the bowl with spots and then wondering why they don't come out when you scoop the jelly out can be a traumatizing experience.

So in honour of days passed, and tribute for those not with us, blah blah, I had to make a jelly. Gregg's jelly of course!!! (Would like to make it known there was no card in jelly!!! Just like there's no toys in the cornflakes anymore – hmmm and they call this progress). Smell is just one of them things isn't it! Jelly crystals in the bowl add the water and it's like voom, that same smell when you made it all those years ago. Isn't it just the great typical unspoken Kiwi pudding, jelly, fruit and ice cream. No matter what you scoffed down before hand, if it's mentioned "who's up for some jelly and ice cream?" kids are there in the kitchen, like you're giving out \$100 bills!! Then the familiar sound of the spoon scraping the bowl ensuring the last scrap of jelly and ice cream is out of the bowl and for those that can get away with licking the bowl and just maybe if I take my bowl back to the kitchen there could still be some more on the bench, shame to waste it.

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# All the fun of a fair



Top fisherman, Cullen Galliford along with friends Georgia Hageman, and Riley Galliford supported students fundraising for the Massey High School German Tour. Cullen (pictured at the back) got 'top score' playing the 'Fishing Game'. The children were there, supporting their school at the 2011 Soapbox Derby, held at Westgate on the 20<sup>th</sup> March.

We all enjoyed a superb day at the races, where the Riverhead team took the title of Waitakere Champion this year. Riverhead, along with the second, and third place getters, will go on to the National Finals in Whangaparaoa on the 8th April.

Funds raised on the day went towards the Massey High School/Rutherford College German Study Tour which took flight on Saturday 2nd April. Thirteen students, two teachers and two adults set off on a journey of a lifetime. Over 30hrs later, including two stopovers, they touched down on German soil.


I understand from a reliable source, that they are having an awesome time.

We look forward to photos and hearing about their travels in our June issue of The Causeway.

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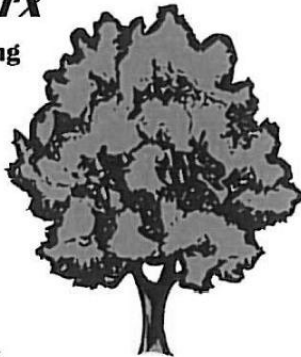
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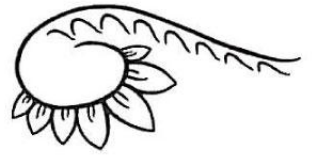
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# Herald Island Garden Club



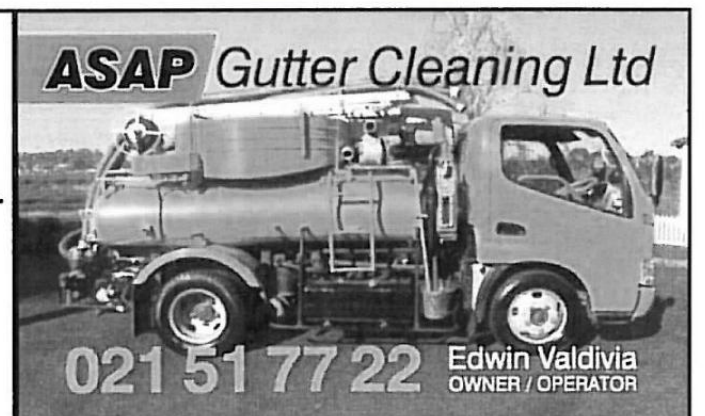
For our last meeting we visited Chris in Whenuapai who specializes in Topiary. It was a balmy evening as we wandered around her garden, enjoying the enclosed areas bordered by clipped hedges of various heights and tones. She has diverged from the traditional buxus and is now using some natives particularly Korokia and Griselinia and a faster growing Mexican Box to surround plantings of clipped camellias, roses, lily pilly and more. She spoke to us about potting Ivy, lavender, rosemary, jasmine and bay and training them into unusual shapes or using unlikely objects to cover. The outdoor pizza oven, which was in use by the family, also added to the Italian atmosphere she had created.



Then we continued at a member's garden, "Comerlea" also in Whenuapai. This is an extensive garden which has been developed from empty paddocks. Over the years Anne and her husband have continued to develop areas including; a hedged petanque area, a large rose garden, several park like gardens following different colour themes with an amazing selection of shrubs, a wooden bridge over a river of succulents, a large vegetable plot and a nursery. Anne used pots in the garden to highlight colour and has cleverly placed seating areas where she can view the garden from different angles. Weddings and other functions have been held here in this hidden paradise.



*Our next meeting will be held at Herald Island Hall on Tuesday 12 April at 7.30pm. Our speaker is the vibrant Karen from Palmers in Hobsonville. She will speak about her passion, Trees.*



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Whenuapai Branch  
Meets Tues from 7.30 pm at  
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Margaret - 810-8521

Citizens Advice Bureau  
833-5775

Community Patrol  
Herald Island, Raewyn  
Patterson 416-7778  
Whenuapai, Graeme Barnard  
416-4499

Greenhithe Bridge Club  
Mon evenings 7.30pm at the  
Old School House, Collins Park.  
Social players and  
beginners welcome.  
Gill - 413-8339  
Pat - 410-6272

Herald Island Boat Club  
Paul Judd - 416-4194

Herald Island Garden Club  
Second Tuesday of each month.  
Lee Barry - 416-3981 or  
Margaret Hollis - 416-7492

Herald Island Hall For Rent  
Eddie Grassick - 416-8220

Herald Island Library  
Weds: & Sat: 10-12noon  
Ann Thompson - 416-8569

Herald Island Playgroup  
Tues 9.30-11.30am at the HI Hall.  
\$1 per family, all welcome.  
Sharon - 416-8933

Herald Island R&R  
Noel Rugg - 416-1740  
Eddie Grassick - 416-8220  
Graham Shaw - 416-7775

Hobsonville Bowling Club  
Lloyd Wong - 416-1766  
Barry Wheaton - 416-0140

Hobsonville R.S.A.  
416-7227

Justices of the Peace  
Mr N Huljich  
7 Dale Rd, Whenuapai 416 7595  
Mr T Mulligan  
18 Karaka Rd, Whenuapai 416 7496

Karate Classes  
Adults - Children - Teenagers  
Herald Island Hall  
Monday 7.00-8.00pm  
Thursday 7.00-8.00pm  
David Cox - 416-6620  
Frank - 413-9397

Neighbourhood Support  
Herald Island, Linda  
Lewis 416-1911 Whenuapai,  
Graeme Barnard 416-4499

NZ Society of Genealogists,  
Waitakere Branch  
4th Thurs from Jan - Nov  
Glen Eden Library, Meeting  
Room, Glen Eden. 7.00pm  
\$4 door charge.  
Lani Rimington - 818-2161

~ CAUSE WAY ~  
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Old Fire Station Craft Group  
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Contact: Di Wright 416-6160

St Marks Chapel, RNZAF  
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Worship service 9am (Ecumenical  
Service) or 5.30pm Sundays  
(Roman Catholic Mass). For more  
information or to arrange gate  
access phone the Chaplain's  
Centre 417-7006

Tauhinu Sea Scout Group  
Rahui Rd, Greenhithe  
Keas (Wed 6 - 7pm) Ages 6 - 7  
Cubs (Mon 6.30 - 8pm) Ages 7 - 11  
Scouts (Thu 6.30 - 8.30pm)  
Ages 10 - 15  
Venturers (Tue) Ages 14 - 18  
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Tina - (021) 289- 3343

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Co-ordinator  
Eddie Grassick - 416-8220  
Greenhithe  
Neil Beken - 483-7323

West City Concert Band  
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musicians to join them on Wed  
nights 7.30pm, Henderson High  
Colin Hill - 444-6236

West Harbour Tennis  
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westharbourtennis@xtra.co.nz  
Open morning every  
Fri 9.30-12 noon  
\$3 ~ Non-members welcome  
Raewyn Hassett - 416-7304

Whenuapai Air Scout Group  
Mark Kirker - 416-4263

Whenuapai Floral & Garden Circle  
Noelene Meadows - 833-1283

Whenuapai Pony Club Inc.  
Clark Rd, Hobsonville  
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Jan Shackell - 416-7818

Whenuapai Village Playgroup  
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Whenuapai Community Hall  
\$1 per family, all welcome.  
Sonia - 416-5346

Whenuapai R&R  
Janine Pratt - 416-7617  
Roy Arkesteijn - 416-1690

Whenuapai Venturer Unit  
Ian - 416-6047

Whenuapai Hall For Rent  
Margaret Barnard - 416-4499

Yoga  
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Date	High Water Auckland		Sun Rise	Sun Set
<b>April</b>				
9 Sat	1110	2.9	2329	0641 1804
10 Sun	1154	2.9	-	0641 1803
11 Mon	0016	3.0	1242	0642 1802
12 Tue	0109	2.9	1336	0643 1800
13 Wed	0208	3.0	1437	0644 1759
14 Thu	0310	3.0	1541	0645 1758
15 Fri	0411	3.1	1646	0646 1759
16 Sat	0510	3.2	1747	0647 1755
17 Sun	0606	3.4	1843	0647 1753
18 Mon	0701	3.4	1937	0648 1752
19 Tue	0755	3.5	2029	0649 1751
20 Wed	0848	3.5	2119	0650 1750
21 Thu	0940	3.4	2210	0651 1748
22 Fri	1031	3.3	2301	0652 1747
23 Sat	1122	3.2	2353	0653 1746
24 Sun	-	3.1	1214	0653 1745
25 Mon	0046	3.1	1307	0654 1743
26 Tue	0142	3.0	1401	0655 1742
27 Wed	0238	2.9	1458	0656 1741
28 Thu	0332	2.9	1556	0657 1740
29 Fri	0424	2.9	1651	0658 1739
30 Sat	0513	2.9	1742	0659 1737
<b>May</b>				
1 Sun	0558	2.9	1828	0659 1736
2 Mon	0641	2.9	1909	0700 1735
3 Tue	0723	3.0	1949	0701 1734
4 Wed	0803	3.0	2027	0702 1733
5 Thu	0843	3.0	2105	0703 1732
6 Fri	0924	3.0	2144	0704 1731
7 Sat	1006	3.0	2226	0705 1730
8 Sun	1050	3.0	2310	0705 1729
9 Mon	1136	3.0	2358	0706 1728
10 Tue	-	3.0	1225	0707 1727
11 Wed	0051	3.1	1319	0708 1726
12 Thu	0147	3.1	1418	0709 1725
13 Fri	0245	3.1	1521	0710 1725
14 Sat	0345	3.2	1624	0711 1724



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Automotive	Tech Autos	416-1554	Medical	Westgate Medical Centre	833-3134
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