

THE CAUSEWAY

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July 2014

NEWS & VIEWS

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Malcolm's plaque first in city

By Suzanne McFadden

It's the first of its kind in the new Auckland city, and it couldn't be more appropriate.

The new plaque commemorating the Malcolm Hahn Memorial Reserve now stands next to the Whenuapai Village tennis court – the same court that the late Malcolm Hahn fought so hard to preserve.

It's the first time granite has been used by the Auckland Council for such a plaque (previously they used brass), and it looks so striking on its a greywacke rock base.

Around 100 people attended the dedication ceremony at the Whenuapai Hall, where Malcolm's wife Elaine, his sister



Lorraine, grandson Oscar and a great-grandson Quinn together unveiled the plaque.

Malcolm and Elaine's former neighbour and friend, Rawiri Pene, blessed the rock, and the Hahn family ukulele band, Tahini Jam, played throughout the morning.

The words on the plaque are apt: This reserve is dedicated to Malcolm Hahn, QSM, an elite athlete, unrelenting champion of the Whenuapai community and Upper Harbour and devoted family man.

In his 27 years in Whenuapai, Malcolm made quite an impact on the village, the larger community beyond it, and the Upper Harbour. As a long-time member of the R & R committee, he was also something of a guardian of this reserve. And now it will carry his name in perpetuity.



Against All Odds – Whenuapai Wins!

Against All Odds was the theme of Whenuapai School's J Rock Stage Challenge, and against all odds they won the ultimate award at the annual performing arts show.

The group of 106 pupils faced a string of dramas before and during the competition at Auckland's ASB Theatre – one of the performers was rushed to hospital half an hour before they were to take the stage with an asthma attack.

Then a ballerina fell during the performance, but fortunately it went unnoticed by the audience.

Against all odds, Whenuapai's outstanding performance won four awards – including The Spirit of J Rock award, voted by all schools participating in the show for the performance that best epitomizes the ethos of Stage Challenge, a nationwide event incorporating dance, drama and design for primary and intermediate school

students.

"The Against All Odds message was that it doesn't matter if you have a disability or don't have the brightest brain or the strongest body. If there's a goal you want, you can achieve it by believing in yourself and working as a team," deputy principal Cherylene Neels said.

Whenuapai also collected awards of excellence for drama; costume, character and

continued page 2



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Causeway Information

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Causeway is published as an independent community newsletter to support both the Whenuapai Ratepayers & Residents Association Inc. and Herald Island Residents and Ratepayers Association Inc. to inform the residents and ratepayers of events and proposals that affect the local area.

Circulation 1,200 — pass it on to your friends or tell them to read the Causeway online at www.thecauseway.co.nz

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the Causeway Committee.

While we try to ensure accuracy of information, the Causeway Committee accepts no responsibility for errors or omissions made by individual contributors.

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Herald Island Library News

Many thanks to Anna & Bruce Craies, Barbara & Roger Hadfield and Di & Ron Wright families for their wonderful donation of a diverse range of books. An extra thanks to the Wright family as our library now boasts four jigsaw puzzles which can be borrowed. They're Puzzle teasers that range from 400 to 750 pieces and will keep you well and truly immersed for hours.

Two new interesting books have recently come in. The first is a book written by Robert Anton Wilson with Miriam Joan Hill. The title is "Everything is Under Control". This book delves into famous conspiracies, cults and cover-ups and will keep you intrigued throughout. It's noted on the cover "What do the Freemasons, the Kennedy's and Princess Diana have in common?" Whether you're a paranoid conspiracy fan or merely an intrigued onlooker, this book will almost certainly change your perception of life...Beware! "Everything is Under Control" is truly an extravaganza of conspiracies. Who can ask for anything more?

The second book is called "Will Storr vs. The Supernatural" by Will Storr. This book is about one man's search for the truth about ghosts. Will Storr doesn't believe in ghosts. Will's journey is full of bizarre, terrifying and hilarious experiences. From sceptics to the professionals to the outright quacks, each encounter fascinates, entertains and leads him to new insights into life, death and what might come after? Jon Ronson noted this book to be "Funny, and excitingly haunting" Do check them out! They're worth it!

We have a tremendous range of books in our library, with a small selection of large print books as well. I'm sure anybody can find a book to borrow.

We would love some more volunteers to help in the library. At present we are open Wednesday and Saturday mornings 10-12 noon. We would like to open on Monday afternoons 2-4pm also. What do you think of these times? Our library is open to any other ideas for opening hours which are suitable for our readers. We would love some feedback. Please contact Etta on pgillon@xtra.co.nz or phone 416-7638
Happy Reading!!

Against all odds *continued from pg 1*

makeup; and choreography.

The school last won the Spirit Award in their first Stage Challenge appearance in 2005. That was the first production for Cherylene Neels at Whenuapai, and this year was her last — she has now left to take up the assistant principal's position at Snells Beach School.

It was a fitting farewell to Cherylene, who has spent nearly 12 years at Whenuapai School, and was the driving force behind the school's many excellent productions.

Cherylene paid special thanks to the 26 parents who helped with the performance including Karen Godfrey and Annie Ottaway for organizing the costuming.

- Suzanne McFadden

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11-15 Jul **Jesus Christ Superstar** will be performed by Massey High School students this year. The production will be held in the NEW Arts Centre presently under construction. All welcome, tickets on sale from the school office from June.

5 Aug **Doggie Grooming Demo**, Herald Island Hall, Demo starts at 7pm (promptly)

20 Aug **Great Westies Wine & Cheese Challenge**, info page 21

What's on at the Hobby RSA -

- 1 July** - Karaoke with Miriam
- 8 July** - Runaways Band
- 15 July** - John McGough
- 22 July** - Barry "Duo"
- 29 July** - Kerry Winn "Elvis Presley impersonator"
- 31 July** - Car Boot Sale
- 5 August** - Karaoke with Miriam
- 12 August** - Steve Tulloch Band
- 19th August** - D'Starlight Band
- 26 August** - Roger Skinner Band

SH18 Hobsonville Motorway Nears Completion

After running some six or more months ahead of target the new SH18 Hobsonville Motorway and SH16 extension towards Kumeu is getting real close to opening.

Early September has been officially announced for traffic but if the weather holds out it could be even sooner!

Herald Island and Whenuapai Village residents are particularly lucky. The Brigham Creek Road 3-roundabout interchange provides on/off ramps in both directions (West/South bound to Westgate and Auckland City, or East bound to the North Shore). Most other connections just have ramps to/from the North Shore.

If you have friends in the Kumeu area they need to remember that to get to Westgate they need to continue to use the old road (renamed Fred Taylor Drive) and continue to use Brigham Creek Road to the North Shore. The Motorway coming from Kumeu is an express to a first exit at Lincoln Road!

We will see big drops in the Hobsonville Road and Fred Taylor Drive traffic levels. And remember while the new motorway has long straight stretches that may tempt you to exceed speed levels, the radar guns will be watching!

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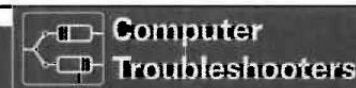
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Whenuapai Community Playgroup

Our playgroup welcomes families with children from newborns up to 5 years. Do come along and join in the fun. We are always pleased to see new faces.

When: Monday mornings 9:30 - 11:30am
(just come along on the days that suit)

Where: Whenuapai Community Hall,
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Traffic Police hound our area because you asked for it!

Many residents have asked me why the traffic police are preying on Herald Island, Kauri Road and Whenuapai Village areas to the point that 6.30am setups are not uncommon and most people get caught.

In short, some resident(s) have contacted the Police and asked for this to happen.

It seems most residents accept that 50Kph along the causeway is hard to maintain and the Stop sign at Kauri Road is a bit of a joke. (Rata Road only has Give Way signs and is a terrible intersection with restricted views). We have approached the Council to have the Causeway signs reduced to Give Way (legally you are still responsible for giving way to everybody) but the new powers that be are reviewing the matter at snails pace!

Yes, some resident motorists do speed on our local streets and that needs to stop. No debate. But to ping everyday folks for the minor indiscretion is getting pretty tough especially when a combination of parking wardens and hidden radar guns are used from 6.30am on a working day. Pity is, they never seem to get the real offenders.

To the concerned residents perhaps the best advice is to get the registration numbers of any vehicle that give you concern with speeding. Then either have a personal word with the driver if you know them, or call *555 immediately the event happens, or ring Massey Police to report it and they follow up. You must provide the registration number, type of car and colour, time and location.

We are not being targeted as such. Police are required to follow up on any significant public complaints and are just doing their job. But.... slow down! Watch where you park!

Noel Rugg Chairman,
Herald Island R&R

National Volunteering Awareness Week

June 19 - 25 June was National Volunteer Awareness Week. This week recognised the significant contribution that volunteers make. It's also a time to remind people about the rewards of volunteering. Most organisations that depend on voluntary workers are able to offer a wide variety of opportunities including one off gifts of time and regular voluntary roles.

VOLUNTEERING - EVERY MINUTE COUNTS



In the west, Hospice West Auckland has 392 registered volunteers who give of their time and expertise to the tune of a combined 36,000 hours every year. Hospice West Auckland salutes all volunteers, and acknowledges the key role they play in assisting not for profit organisations.

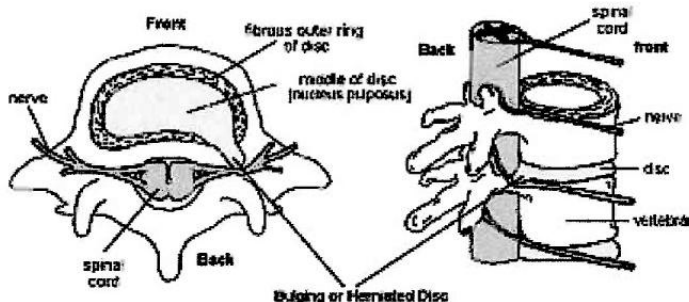
For volunteering enquiries at Hospice west Auckland contact: Alexis Smith on 098349750 ext. 704.

"Slipped Disc"

Low back pain

This commonly used phrase describes a sudden onset of back pain that typically arises from a lifting and twisting mechanism. The spine is made up of bones known as vertebrae with cartilaginous discs between. These strong structures allow flexibility and have shock absorbing properties. However like any soft tissue structure, they are vulnerable to tear and in some cases have the centre of the disc bulge or herniate out.

If the disc material compresses either the nerve root or spinal cord, then pain may radiate down into the leg. Symptoms may also include altered sensation and weakness of muscles. This is commonly referred to as Sciatica.



Who's at risk of developing a disc injury?

The commonest age to develop a prolapsed disc is between 30 and 50 years. Twice as many men as women are affected and is more prevalent in people who lead a sedentary lifestyle. Poor muscle tone and flexibility of core and associated muscles is a contributing factor.

Hereditary factors can also contribute to vulnerability of disc tears.

What are the symptoms of a prolapsed disc?

Back pain

Pain can vary from minor at the time, building momentum to sudden and severe. This is due to the inflammatory process deteriorating over time. Pain is usually eased by lying down flat, and is often made worse with sudden movement, coughing, or sneeze. **Nerve root pain ('sciatica')**

Nerve root pain is pain that occurs because a nerve coming from the spinal cord is pressed on by a prolapsed disc, or is irritated by the inflammation caused by the disc. **What are the treatment options for a prolapsed disc?**

The good news is that 90% of all back pain does resolve itself with conservative management. As with all injuries, accurate assessment and understanding of the pathology will direct management. Treatment may include soft tissue manipulation, Joint mobilisation/manipulation, acupuncture, exercise therapy.

If you are experiencing low back pain, early management ensures your best chance of recovery. Call us at Hobsonville Physiotherapy and we can liaise with your Doctor if required in helping you recover quicker. Most Injuries are covered by ACC. As a registered ACC provider no doctor's referral is required.

Craig Neale is a local with over 20years experience working with Cycling NZ, the NZ Knights Football, Waitakere United, a local junior football coach and on the executive of Auckland Sport Medicine NZ

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Lauren Boyle's world

By Suzanne McFadden

Our swimming sensation, Lauren Boyle, is off on a mission again – this time to bring home a medal from the world swimming championships in Shanghai this month.



Lauren, who has returned home to Whenuapai after completing her degree in the United States, will compete in four events in China from July 24-31. She will swim the 200m, 400m and 800m freestyle as well as the 4 x 200m freestyle relay.

Lauren qualified for the events after an outstanding national championships in April, when she broke two national records, lowering her own 400m mark by two seconds and shaving the 800m mark by 2.27s to 8m 33.30s - eclipsing the oldest mark in the New Zealand record books, previously set by Philippa Langrell at the 1992 Olympics.

She was happily surprised with her performance, not knowing what to expect after a heavy academic year at the University of California, Berkeley. Lauren established herself as one of the top university swimmers in the US during her four years there, claiming All-America honours in the 500 yard freestyle, 800 yard free and 800-free relay. The All-America team is an honorary sports team of outstanding amateur athletes, chosen as the best players of the year.

It's been an eventful few months for Lauren: in May, she graduated with a degree in business and then packed her bags and returned home.

It wasn't long before she was whipping out her passport again – off this time to a New Zealand training camp in Australia, before heading to Hong Kong last month to acclimatize for the world championships.

Lauren, who won silver at the Commonwealth Games last year, says she's really excited to be swimming at the worlds, but is aware of the pressure to succeed.

Her long-term goal is to qualify for next year's London Olympics, training under a new coach at the Millennium Institute at Albany.

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Meal in a flash

By Norm Dunkley

This time of year nothing like a good hearty soup with all the veggies, flavour and you know it's good for you. Here's a good fast easy soup to knock up that will last more than one serve, full of all your good veggie supplements. Especially if you have got training or just busy.

So when you're out shopping you want to grab a packet of mix veggies, some tinned soup usually those Watties hearty soups are on special. Small pack of bacon (or what ever meat you want). I usually get the diced mixed veg pack 750gm, pumpkin soup, 200gm bacon.

By all means get more and add more to it if you want, but I'm just doing the basics here to keep it fast and simple. I usually grab a few leafs of sliver beat out of the garden to throw in as well. Super quick - start cooking the mixed veggies in a bowl in microwave for about 20mins while chopping up the packet of bacon into small pieces, then tipping them into the veggies.

You can mash the veggies if you want it finer, but I just usually leave it, throw in the bacon, tip in a can of Watties soup.

Basically I'm using this as my flavour base and it will have all the salt etc that you need.

Don't drain off the water from cooking the mixed veggies as this has all the good stuff in it. Stir, stir, add a cup of water if you want. Put a lid on and back into the microwave for say 30mins and go do what you have to do.

Like any good soup the longer you leave the better, but it will be ready after 30mins or so. Ready in time for when you're back from your exercise or doing those odd jobs. Peace of mind that you are having an intake of vegetables without having to stand around peeling, chopping, washing etc. No mess, fast, and easy.

If you want to draw it out and make it last another meal I would suggest adding a packet of instant noodles, break them up and drop them in and let them swell up in the soup. What you don't eat you can take to work and heat it up for lunch the next day.



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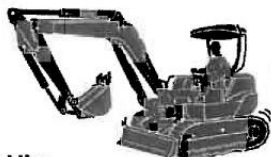
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SHREE SUPERETTE



Another BIG Winner!

Having previously had a "Big Wednesday"
1st Division winner, Pramod & Nirmala of
Shree Superette have sold **another** winning
ticket. A local resident won **Lotto 1st Division**
on 20th June. As everything comes in threes,
it's now 2 down and 1 to go!!

*Many thanks to our customers for your
continued support.*

Shree Superette

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Hours 6am ~ 7.30pm

Doggie grooming demo at the Herald Island Hall *Fri 5th Aug ~ 7pm* **\$5 entry**



Watch 'Duna' having a haircut

We have been lucky to get a professional to come to
Herald Island and demonstrate dog grooming. She will
also talk about all aspects of caring for your dog ---
nails, ears, and all those little places that need attention!

We will then have a break for a 'cuppa and cake'
before Angela continues with a talk about nutrition and
answers any questions you have regarding your dog.

Bring a photo of your dog for our 'mug shot' board
but as doggy facilities are limited please leave your dog
at home.

Demo starts at 7pm (promptly) and we will finish by
9pm so bring your friends along and support this Herald
Island Fundraiser.

We are intending to have further information
evenings, so for all you doggy lovers, 'watch this space'!

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Craft Group growing strong



We are growing.... and have picked up three new members. Welcome to Ngaire from West Harbour who is hooking a rug; Ko from Whenuapai who paints, sews, knits, does patchwork to mention a few of her talents and Dale from Hobsonville who is learning to crochet. We are also trying to entice a new mum with twins to come (with the twins) and perhaps teach us to pot.

Ngaire has some of us knitting baby beanies for Palmerston North hospital. She found out about the need for hats for prem babies via a Green Goddess newsletter and roped the craft group in. The next lot of beanies will be for a local hospital.

Our door is always open so if you feel like dropping in for a coffee and a look please feel free. We are also manning the library so if we forget to put the sign up just call in. Here is another photo taken when we had our visitors from the ESOL group.

The Causeway's not only online its now on Facebook too!

Having been 'online' since July 2009 we recently 'lost' the ability to see back copies, however they have now been restored so if anyone wants/needs to delve back into old issues they can be accessed by clicking to the right of the magazine. (<http://www.thecauseway.co.nz/archives.htm>).



We have also had word from D. V. Elover 8-) that we can now be found on Facebook. The link is <http://www.facebook.com/pages/The-Causeway/210767705630031> so please pass this link EVERYWHERE and lets get the Causeway Facebook page to become a talking point where people feel they can upload & add to, pictures, comments, videos whatever!!! While you are there don't forget to "like" the Causeway and tell everyone about it....!

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Looking back . . .

By Norm Dunkley



In a time before Rogernomics, and when Service providers were just that, provided SERVICE, and not out for profit there were lots of little Post Offices scattered throughout the country. Not just a place you could go to post a letter/parcel, do your rego, pay your phone account, and bank some money. They were little community centres where people would wander down, do their mail and banking, have a chat, and drop off some baking. Couple of scones for Katie, and the Postie for their morning tea, or a jar of home made jam. Share a knitting pattern, or swap a few cuttings from gardens. See the children grow from being in a pram to walking, then going to school. Usually one of firemen from next door dropped in for an afternoon cuppa, and an offer "anything heavy need doing?" The major strong hold or reason for the Herald Island Post Office popularity, was that it had post boxes and held mail for all the people living on boats in the area. It provided a base, and contact when they came ashore or back from a trip, on local happening in the area. The other reason for the Post Offices popularity was its stamp. Herald Island had its own post stamp, which meant it was recognized as an Island internationally. I can remember as a boy helping to stamp letters and envelopes. I had to stamp them hard, and firm on a rubber pad so they showed the whole wording clear. Also the POSB savings books that used to be written in by hand, before computers and debit cards.

If makes me laugh now, how the big corporates have to promote "community involvement" to score "fluffy warm feelings" to get your business, yet they closed the very thing that was the best community involvement, and although it didn't make mega profits, it provided jobs to local people, gave something for the locals to be proud of, and an indirect place to meet.

Of course, all this to our beloved bean counters is \$\$\$\$, it's pure old fashion clap trap. None of this means anything, and the bottom line, "won't produce revenue". Well it was supposed to be a SERVICE, what you paid your taxes for, too costly, inefficient, unprofitable blah, blah. Ohhh. would take weeks to get your phone connected back then (Anyone tried calling Telecom lately? Get someone to answer the phone, let alone connect one).

But look at it, all one little concise place that had a phone box, post box and living person who would know you, and knew what you wanted. It connected Herald Island with the outside world. To those that were on the Island before the Post Office came it was a god send, more than a place you just posted a letter.

To some it was a lifeline and reason to go out, while others saw small local post offices as old fashion, old technology, and waste of time.

Thank you to Mike Hassett for sending the photo of Mum outside her beloved Herald Island Post Office. Looking at it makes me think of a scene that could be found on a biscuit tin, or an old Country Calendar.

Lively Letters . . .

Hello,

I regularly travel to and from Herald Island, usually at times when the evening is becoming increasingly dark.

On many of my trips, especially across the causeway itself I find people running for their personal exercise.

A large number of these people are wearing dark clothing and are very difficult to see until you just about run them over... please joggers/walkers just because you can see me do not assume I can see you.

Please consider wearing reflective clothing, the causeway and many of the streets on Herald Island and surrounding Whenuapai are very dark and also quite narrow.

I do not want to hit you or have to take evasive action and cause danger to myself and other drivers.

I know you can see mebut I usually can't see you!!

Kind Regards,

Linda Beck

39 Renoir Street

West Harbour

lindaandpaul@xnet.co.nz

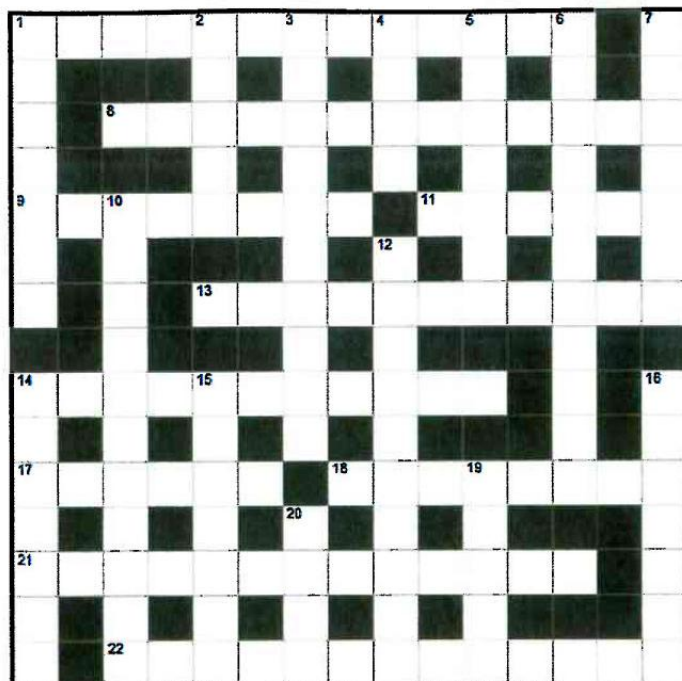
Accredited natural fertility educator

Over the last year I have been completing a course on natural family planning and fertility with Natural Fertility New Zealand. I am now a fully accredited Natural Fertility Educator and really looking forward to putting all my knowledge into practise. It's been a great course, which I thought would fit in well with my naturopathic background. I have always been passionate about women's health and fertility.

Natural family planning involves charting a women's menstrual cycle to see when she is fertile and non-fertile. This information can be used with clients wishing to conceive, as a contraceptive while breastfeeding to avoid pregnancy, and during menopausal years as fertility is declining. Therefore it is suitable for all stages during the reproductive lifespan. Some women choose to use it just to learn more about themselves and to have more awareness about their bodies. This can be very beneficial if you suffer from any reproductive health problems. The method of charting we teach our clients is an approved form of birth control by the World Health Organisation, and NZ Ministry of Health. It has the benefit of being non-invasive, scientifically proven, drug free and over 98% reliable if taught correctly. Once you learn the technique, it is easy to use and follow.

We teach our clients over three appointments so they go away fully understanding the method, and are confident using the technique, we also keep in touch with phone calls over the following year. As educators we are always kept up to date with latest research, and have to undergo regular training to keep up our accreditation.

If you would like to receive further information about either natural fertility or naturopathic consultations, please do not hesitate to call Sharon White on 416-8933 or email sharonw@naturalfertility.co.nz. You can also check the website www.naturalfertility.co.nz



Across

1. Slack tram lines don't look good. (6,7)
8. Teeth tube bill needs sorting. Just grin and bear it. (4,3,6)
9. How redheads move! (8)
11. French ending. Sort of. (6)
13. A policeman's away day for the conductor (6,5)
14. Caught the big rabbit between the shoulder without you. so I'm part owner. (11)
17. All I own in a car. (6)
18. Being thin around gnarled tree is unlucky for some. (8)
21. Susan's bones swim to make her a high flyer. (13)
22. Never let a weekly division pass. Constantly remembering. (3,1,3,4,2)
5. Crams in quiet rooms. (7)
6. Lou slid beer over to see classic film. (7,4)
7. The puck is involved in something saucy. (7)
10. No Spartan in trouble is neutral (11)
12. Pioneers go first. (4,3,3)
14. Bet on Shergar after losing rag. Never mind have a drink. (7)
15. Former metal scanner isn't around anymore. (7)
16. Gnaw away inside happy passage. (7)
19. A great love story. Not half. (5)
20. Accustomed to being exploited. (4)

Down

1. On a ledge with no end in a Northern Southern county. (7)
2. Still I treat him inside to a large measure (5)
3. Go on Daisy!. Move along. (6,4)
4. That's odd. No it's not. (4)



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Celebrating Tw Whenuapai Flora

By Mary Anne Clark

From little acorns mighty oak trees grow...

On October 16th 1986 24 women and 3 men gathered at the Village Hall for an inaugural meeting to form the above Club which now has a membership of around 130 persons. Many friendships have been made or cemented along the way, hundreds of gardens visited on the many outings over the years and many plants bought, sold, swapped, endorsed, identified, and blooms admired, judged, arranged, given in appreciation while books have been obtained, borrowed, read, recommended and knowledge shared.

The idea of a "half birthday" was mooted after the first ten years with November deemed too close to Christmas and there not being many gardens suitable for viewing in the winter months, the plan of celebrating our birthday in June was unanimously agreed and the first luncheon was held in the Hall in 1996.

On Thursday, 9th June we celebrated twenty five successful years with a sumptuous meal at the Commerce Club, Remuera. 109 members, guests and 3 ladies, who later entertained us with their singing routine, sat together and enjoyed the occasion. The menu was an assortment of bread rolls, croissants, salads, seafood, hot meat dishes, roast pork and lamb, and vegetables which were followed by a variety of desserts including fruit salad, ice-cream and a really marshmallowy pavlova. Later we had tea and coffee to go with a slice of the fruit cake made by member Karen Nixon and wonderfully iced and decorated by a friend of Doreen Brown, our photographer. Doreen Dodge, the only original member still attending on a regular basis, was given the honour of cutting the cake.

Many members have come and gone while others stayed; we had all but the first two of our eight Presidents with us for the celebration. Zita Horsley was our first President 1986-89 then Nola Breeze 1989-92, Gail Johns 1992-95, Audrey Perry 1995-98, Joanne Clarke 1998-2001, Raewyn Wheeler 2001-02, Vera Morris for 2002-03, Raewyn again 2003-07 when our current President, Noelene Meadows, was elected.

On display were Photo boards with a collection of some of the thousands of photos taken on various occasions, also two scrapbooks with report of Meetings etc, mostly published here in the Causeway. Zita had started this practice and pasted in copies up to the end of 1999 and I continued to the present which overflowed the first one and nearly filled a



Zita Horsley, First President



Floral tribute being assembled



Planting memorial tree



First bus trip 1987





Twenty Five Years!

Herald & Garden Circle

second! The original minute book proved interesting and informative. A silver engraved commemoration bell which sits on a wooden stand with a vase was specially chosen to use at future meetings. Roses chocolates wrapped in silver paper and ribbons were on the table as gifts, the beautiful floral table decorations were later distributed to four rest homes and the silver theme was continued in the wrappings of the raffle prizes as well as being reflected in clothing and accessories worn by the members.

Members come from all over to attend our gatherings. At first they were mainly from Whenuapai Village and Herald Island but now they travel from Massey, Te Atatu, Glen Eden, Henderson, Waimauku, Parakai, Pakuranga, Greenhithe, Coatesville, Milford, even Torbay and Mairangi Bay.

Herald Island has its own garden club started nine years after ours and caters for those unable to attend the daytime meetings. Around 20-25 members attend their evening meetings with numbers slightly higher over the summer months. As a fundraiser to maintain the garden beside the Fire Station, they have introduced a souvenir tea towel of Herald Island, which has proved so popular that a rerun has been ordered.

Our club has been most fortunate weather wise in that seldom has it been too wet to go ahead with plans to visit gardens. One of the most memorable outings was in October 1993 when the bendy bus got stuck down a no exit road; they were very late home that evening! Weekend trips have become very popular. The first was to the Coromandel in 1997 and this year the destination is Rotorua. The farthest travelled was to Keri Keri in the north and Te Kuiti to the south.

I remember vividly my first trip in March 1991, to Eion Scarrow's garden at Gordonton, where my youngest son, William, then two years of age, rolled over on the duck weed, which he mistook for grass, and ended up soaking wet! They were still using that incident as a warning when we went on a return trip some years later! In the early days of the club, the outings were less frequent and were instead of a meeting at the Hall. Now we have both regularly in the same month with the Meeting on the second Thursday and the outing on the fourth Thursday. In July we usually go to the movies then have lunch while out, often at a R.S.A. where the meals are well catered.



Raewyn, Noelene, Joan (obscured), Doreen, Gail, Vera (obscured), Audrey



Commemoration Bell with plaque



The entertainment



Floral table decoration



MMP, are you for it or against it?

In May we gave an overview of the forthcoming referendum on MMP introduced by Justice Minister Simon Power. We provided details of the options which electors will have to choose from. This month we will explain what will happen next depending on the result of the referendum, and we will give you information on other related matters.

Do not leave it until the last minute to get an understanding of what this will mean to you and your community. A bad choice now could effect you and your community for many years to come. *The Causeway.*

What happens after the 2011 referendum if there is a vote to keep the present voting system?

The bill provides that if at least 50 percent of voters opt to keep MMP, the Electoral Commission will review and seek public views on MMP. The Electoral Commission will then report to the Minister of Justice on whether any changes to the MMP voting system are necessary or desirable. The Minister of Justice is required to present the report to the House of Representatives as soon as practicable after it is received.

What would the review of MMP include?

The bill provides that the Electoral Commission must review:

The 5 per cent party vote threshold for a party to be eligible for allocation of list seats.

The one electorate seat threshold for a party to be eligible for allocation of list seats.

The effects of population change on the ratio of electorate seats to list seats.

The effect of a party's candidates winning more seats than the party would be entitled to as a result of the party vote on the ratio of electorate seats to list seats.

The capacity of a person to be both a constituency candidate and list candidate.

A party's ability to determine the order of candidates on its party list and the inability of voters to rank list candidates in order of preference.

The Electoral Commission must also consider matters referred to it by the Minister of Justice or the House of Representatives, and may consider other matters.

The commission must not review Māori representation or the number of members of Parliament.

What happens after the 2011 referendum if there is a vote to change the voting system?

The 2011 referendum is indicative. This Government has committed to holding a second, binding referendum in conjunction with the 2014 general election if a majority of voters opts for a change to the voting system in the 2011 referendum.

Any second referendum would ask voters to choose between MMP and the preferred alternative voting system (selected from the 2011 referendum).

This was the process followed in the 1993 binding referendum on the voting system when MMP was selected as the favoured option.

How soon would a new voting system be in place?

If there is a vote to change the voting system, a new voting system would be in place for the 2017 general election.

Why does it take so long for a new voting system to be in place?

Any second referendum would be conducted with the 2014 general election. If there is a vote for change at a second, binding referendum, the new voting system would be in place for the next election in 2017.

This process allows enough time to develop the necessary legislation for the second referendum if required, including legislation to implement an alternative voting system. It allows the public to participate through the select committee's consideration of the legislation. The process also allows sufficient time for the public to receive information about the referendum in order to make an informed choice. Holding the referendum in conjunction with an election will help ensure a high voter turnout. It takes three years to prepare for a general election, even without a change to the voting system. Having three years between the second referendum and the first election under the new voting system allows time for all the processes required to implement the new system and plan for the election. This is also consistent with the process in 1993, where three years were allowed for implementing the MMP voting system for the 1996 election.

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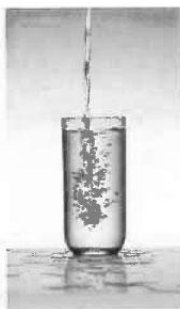
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Chicken run!

After getting the run around from our newly acquired hens, I started to wonder if I shouldn't have stuck with 'worm farming'...

It wasn't as though this was a fly-by-night idea, we've been talking about getting chickens for years. It's often a matter of biting the bullet, and just doing it, so when we saw an ad in *The Causeway*, chickens for sale, I thought 'what the hang' let's just do it. After much ado, a hen house was sorted, and a netting chicken run erected (under 1mtr in height - first mistake). Straw was lovingly laid in the nesting boxes ready for the girls. Hens were caught and transported the short distance home. The chookies were popped into their new run and as we stood back admiring the girls, a cheeky black hen jumped up and over the edge of the chicken run.

Stunned for a moment, we suddenly realised the error, and the chase was on to round up the outlaw. But wait, as I was watching my husband, daughter and neighbour racing around our yard a second chicken was up and over the netting. As I broke the news to the chasers about the second hen, a third chicken jumped the run too - S..t! At about this time worm farming was really starting to look like a safer option! After looking like a skit out of 'The Benny Hill Show', adults and kids racing around the section (not entirely fenced), chickens up and down the mandarin tree, the escapees went to ground, a real military operation, the girls didn't utter a peep. But, in due course the outlaw and her accomplices were found and returned to their now barricaded chicken run - *whew!*

By day 2 the girls were settling in, the black hen, Bessie (the boss lady) obviously rules the roost and bucked against the system for a few days, by opting not to use the lovely hen house we had provided for her and her cronies. Still several weeks down the track Bessie, Henrietta, Daisy and Ruthy are happy hens, they love their hen house nick named 'the chatter box', they enjoy scratching around and doing chickenie things.

If you happen to stroll down our drive and hear me talking to myself, no, I haven't gone completely mad, just having a chat with our girls.

We're still definitely on a learners licence, but together we're having fun sorting out the pecking order.

~ Chicks rule



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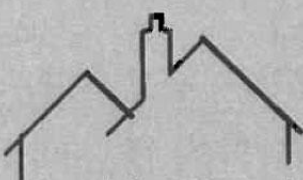
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Village Wanderings

by Norman Duncckley

Didn't seem so long ago we were running around in shorts and enjoying the warmer full days. It's now slipped upon us, the "wet" everywhere and everything seems to be damp, wet and just yuk. Admittedly with the cloud cover we have been lucky with having warmer nights than usual.

But I'm sure the big cold is on its way. Probably a good time to mention that if your out and about please respect others road edges and frontages. Doesn't take much to rip up the boggy ground. For the die hards that are out jogging and walking, wear something reflective or bright colours so that you can be seen. I believe there was a close incident lately where a jogger running in total black at night time was narrowly missed on Tortara Road. Its dark, foggy and wet, please people for your own safety and others, think before you go out and remember to watch your speeds as others will be on the road due to the brims being so wet.

A big thank you to who ever got rid the sneakers over the power lines at the intersection of Waimarie and Tortara. *After all these years does it still mean there's a "tinny" house around. I would have thought if my grand mother knows what it means, the cops do too.*

While mentioning interections, there's a few not being observed around the village, remember you must come to a compete halt at a stop sign or you get a ticket. I will say no more. But good that stuff like that gets dealt with promptly and cleared up. Only takes a few things like that to be seen around the place and drags down the whole community, especially when so many others try to do positive things around the place. The new community notice board is due to go up shortly and I'm sure will be an asset to the area, being under glass to protect flyers from the elements.

In the meantime people keep warm and dry and if you have a chance on a fine day get outside for some fresh air. A bit of natural sun and fresh air can do wonders on these winter days. A reminder to visit our website www.whenuapai.org.nz we invite you to send your pictures of the area. Local news and contacts for the R&R members are shown.

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Herald Island Playgroup needs resources!

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Turning back time Front Page July 2001

"Things don't always go to plan"

was the headline. "The Causeway committee had it all worked out. A good local story for the front page and another Causeway issue was under way. It didn't pan out that way unfortunately and as the deadline approached the committee was still looking for a story. It was about this time that signs went up around the area advertising a 'Defence' meeting to be held at Wings. Could this be our story? Not really, but that's why Ian and I attended an ACT political meeting on Monday 25 June."

The article then went on to describe the meeting where Owen Jennings, ACT's defence spokesman outlined what he saw as the failing of current Government policies, which he said appeared to be based on the belief that there is no threat to New Zealand. Mr. Jennings noted that the Prime Minister refers to Australia and the USA as 'friends' not allies'.

As with all meetings the interesting discussions occurred after the address and it was obvious that a number of people attending were more interested in the local defence issues (Whenuapai and Hobsonville) than what ACT was saying it would do in the future.

It was revealed that the Air Force now believe they will be leaving Whenuapai within 5 to 10 years and the future of the area is unclear but there are a lot of people with development ideas. One option for Hobsonville could see the State Housing Commission putting a large housing development there.

Mr. Jennings made it clear ACT believes the country's largest city should have a major military base nearby. Closing Whenuapai was not an option they favoured.

Also discussed were the wisdom of purchasing the LAVIII Armoured Personnel Carrier, the demise of the air combat force, and keeping the Air Macchi which would mean the RNZAF maintains some capability to support Army training and trained pilots could then be loaned to the Australian air Force.

"Was it worth attending the meeting? Well, we do have a front-page story, but our original option was better. Let's hope we can use it next month"

Ian Young and Alan McCord co-reporters.

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Vet's Corner

Animal Cruelty

Many of you are aware of the links between animal cruelty and human cruelty. It is a well known fact that a significant number of children who have witnessed domestic violence or have been victims of abuse may become animal abusers themselves.

It is interesting that just passing on of the principals of good animal care does not necessarily affect a child's behaviour in the way we would expect.

It is the **DISPLAY** of compassionate behaviour by an adult or mentor or "hero" especially for boys, that seems to generate appropriate empathetic behaviour.

This is an important fact, that if you display the behaviour you are wanting to instil in children they are more likely to take this behaviour on board.

So having a pet when the kids are young, and giving that pet a caring and safe environment does a lot for the child's compassionate behaviour in the future, more so than them being taught how they should behave.

Makes sense to me!!

Jeff Jowsey
Hobsonville Veterinary Clinic
Ph 416-6751



Mutterings from the mangroves

- Water Rat would like to know why the new motor way lights are on 24/7?!
- It was great to see people using the picnic facilities at Christmas beach one Saturday. Just as well the tide was in otherwise the view would have been smelly mud.
- Now Water Rat just has to pass this on ... I've had a colour change courtesy of Pasquellina at the Cutting Crew. And my dear I now look like a mink.



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Working Behind the Scenes

I was approached recently by some residents asking why I had been silent on a number of important Council issues. I can assure you I spend about 10-12 hours a week on these issues, attending various Council Committee and Local Board meetings and making written submissions.

But I am also a strong believer that you can frequently achieve your goals more effectively if you use a low profile and target key players in a more personal manner. That is my style. I am not at liberty to go public on a number of issues being progressed behind the scenes but I believe before this year is out I may have some impressive news for you.

Our success with getting the rebuild of the Totara Road and Kauri Road intersections with Brigham Creek Road and the expensive repair of the Kauri Road slip was partly achieved by what took place in private discussions.

Today, the new Council is still finding its feet. I think that will last for another year or so. No use hammering away in the public arena, a quiet discussion to understand why things are delayed and working around that is far more productive. Budget restrictions are the big issue and long may they reign if you want rate increases to be minimised. Our footpath around most of Whenuapai Airfield is back on the agenda. Not sure the budget will cover Kauri Road footpaths at this stage.

So have patience. I feel comfortable that things are moving ahead quite quickly behind the scenes and we are working at the very top. A low profile is what works best in this commercial environment. Perhaps this may even be the year we make some major breakthroughs.

Noel Rugg, Chairman,
Herald Island R&R

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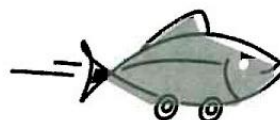
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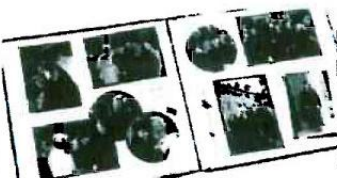
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空手道

The first of 'Hi Snoops' reviews. The team will be checking out some local cafés, and giving us their views on eateries in and around our area...

Café Check ~

The Art Stop Café

5 Commercial Road, Helensville

Ph: 09-420-8580

We originally found this gem when I was recouping after an operation, it is only a 30 minute trip from the Island, but at the time it seemed like a safari.

Parking is roadside and plentiful, also good for cycles and motor cycles. As you walk in you are presented with a closed in courtyard continuing into the café proper with the usual country counter. The furniture is a comfortable hotchpotch of older domestic dining room tables, settees and couches. The main focus being, a real log fire to drive away the winter chills. Through an interior glass door is the gift and second hand book shop. The café walls being lined with local produce and art. All in all, a great way to keep you interested while you wait the short time it takes for your order to arrive.

The menu is a good spread for breakfast or lunch, from spicy to a fry up and savories to eat in or takeaway. The presentation is average, made up for in part, by the size of the portions.

The service we received from a young woman was outstanding, friendly and always accompanied by a smile, joy of joys the meals all arrive at the same time.

Coffee is the best, and can also be taken out if you are in a hurry.

The toilet is a bit batchy, but spotlessly clean, and has towels instead of those silly hot air machines that don't dry.

A play pen and high chairs are available, so bring along the little ones.

Opening hours are from 7.30am-5.00pm weekdays and weekends vary a bit.

We feel The Art Stop Café is very good value for money.

We recommend a visit, especially if you combine it with a trip to the hot pools, or a tour of the boardwalk and museum.

Make sure you read the notice board outside the café, it gives you a good indication of what goes on in Helensville, knit and bitch evenings for the ladies as an example.

The Hi Snoops

Plants for Sale

We have a huge variety of large grade plants for sale. There is a big selection of citrus including mandarins, lemons, grapefruit and limes.

A lot of these have delicious fruit ready for picking now. Also available are feijoas, olives and other fruiting plants.

We do have a selection of ornamental plants such as hibiscus and bird of paradise. These plants are all spray free and in excellent condition. For more information or if you would like to view the plants please phone either:

Matthew or Sharon on 416-8933.



The Great Westies Wine and Cheese Challenge

We live in one of the countries great wine growing regions, so we think we know our chardonnay from our pinot gris, right?

Well maybe it's time to put your wine knowledge to the test at the Westies Wine and Cheese Challenge being hosted by the Whenuapai R&R on the night of Saturday, August 20.

Stewart Cameron, whose family runs the Awa Valley Vineyard in Kumeu's wine country, will first put us through our paces in the art of wine tasting.

Awa Valley is a boutique vineyard which has earned its fair share of recognition. Its 2007 Chardonnay won a bronze medal at the Romeo Bragato Awards, New Zealand's annual grape growers' awards. Its 2006 Merlot Cabernet Franc Malbec also won a Romeo Bragato bronze.

Then we'll test what we've learned in a team's blind tasting competition. Sampling from different wines hidden in brown paper bags, the trick will be not only to guess what varietal, but the region it comes from and its vintage.

For those with a good nose for cheese, there will also be a cheese tasting test.

We promise some great prizes during the night at the Whenuapai Hall, including quick-fire raffles.

Tickets will go on sale at the end of July, so keep an eye out in the next Causeway, or on our R&R website, www.whenuapai.org.nz and start organising your teams, and maybe get a bit of training in!

Cheers.



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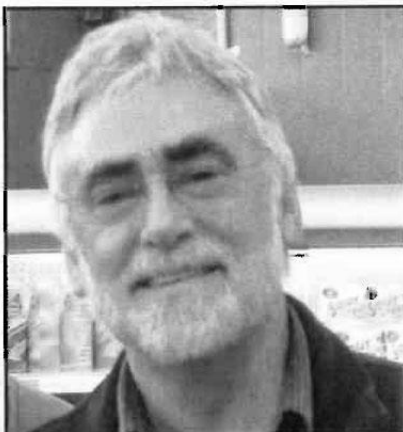
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Herald Island Garden Club



"Iris for all Seasons" was the topic, complete with a slide show. Mary King did the commentary while Julia Lloyd manned the power point show. I for one was totally unaware of how many varieties of irises there are and also that they flower almost all year round with February and March being the exception. Iris comes from the Greek word for rainbow and they were brought to Europe from the Middle East by the Crusaders. It was a white iris (Albican) and is where the fleur-de-lis originated. Most people think of irises as blue through to purple but they come in a myriad of colour and there are even some red ones.

The slide show started off with unguicularis which are winter blooming. Most common colours are lilac/purple. Marginata is a deep lilac. Mary Barnard is very fragrant with rich violet flowers.

Next came Evansia which are woodland irises and like shade. Some of the pictures shown reminded me of orchids. Mary mentioned one called a roof iris and how



it was grown on the roofs of Japanese houses also that it was used to make white face powder. She wasn't sure if this was a myth but when I googled it here is what it said "A native of China, it has been grown in Japan for 150 years where its rhizomes were ground and used to paint the faces of Geisha girls white. In China it grew in the ground but when it was taken to Japan it had to be grown on the

thatched roofs of houses because the emperor had proclaimed that only rice and vegetables could be grown in the ground due to the scarcity of land." These woodland irises spread like mad and are easy to grow.

Bearded Iris follow on from the winter ones, first the miniatures and a few species start in spring, then follow the dwarf, medians and Tall Bearded. Most are not prolific in Auckland but the older ones (species like Albicans -white- and Kochii -purple) bloom more readily. Bearded irises are difficult to grow in Auckland as they don't like humid weather and need a cold winter. The older and less ruffled ones seem to do best.

Next came Louisiana irises which do well in Auckland. They are summer flowering. These like boggy conditions and need to stay damp and not dry out. Here you find the dull red coloured irises which have their ancestry in an Iris called Fulva, and also one called Nelsonii. Rivendell is a great place to purchase Louisiana Irises online.

Siberian irises are early summer flowering and enjoy most gar-

den conditions, although they should not be allowed to dry out. Tall delicate flowers mainly in shades of purple and lilac, but some whites and creams. As the name implies they come from Siberia and parts of China originally. They grow well in Auckland.

Spuria irises are autumn blooming and good for cut flowers. They grow into great clumps if left undisturbed. The flowers are similar in shape to some of the Dutch Iris which you find in florists. The Dutch ones definitely do not like Auckland.

Pacific Coast iris are native to the west coast of America. Most are semi-woodland plants that prefer light shade but Iris douglasiana thrives in full sun near the coastline. Iris tenax, douglasiana, innominata and munzii are the most popular and well distributed species in New Zealand. Colours range from white, yellow, orange and red-brown through to lilac, blue, pink and purple. Many have stripes or darker veining to further extend the colourful picture these irises can make. They bloom from late September and throughout October.



Now did you know irises have a flight path for bees? This takes the form of a fuzzy strip on the petals which lead the bees to the pollen. Is this where the expression make a bee line for something came from?

Mary also spoke about Japanese irises which flower after Xmas. And Iris Laevigata or Japanese water iris which is a true water iris and requires a wet site all year round.

Some irises grow from bulbs and others from rhizomes. The Iris Society can give you details of where to purchase all types of irises.

Somebody asked if Flags are different from Irises? Flag Iris are usually the older simpler Bearded Iris, but the name seems to imply any Bearded Iris.

Two very good books, recommended by Mary were 'Irises for New Zealand Gardens' by Karen Glasgow and 'Irises' by Pamela McGeorge and Alison Nicoll.

The July meeting, Tuesday 12 July 7.30, will see something quite different, making icing flowers. Local cake decorator Tracey will provide the icing and show us how to make flowers. This is a hands on demo and should be great fun.

The usual door fee of \$2 will apply but if you do not usually come along but are interested in knowing about cake decoration the door fee will be \$10.

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2 Sat	0751	3.0	2015	0734	1715
3 Sun	0838	3.1	2100	0734	1716
4 Mon	0925	3.2	2146	0734	1716
5 Tue	1013	3.2	2234	0734	1717
6 Wed	1101	3.2	2323	0734	1717
7 Thu	1151	3.2	-	0734	1718
8 Fri	0014	3.3	1244	0734	1719
9 Sat	0108	3.2	1341	0733	1719
10 Sun	0204	3.2	1442	0733	1720
11 Mon	0302	3.1	1546	0733	1720
12 Tue	0402	3.1	1648	0732	1721
13 Wed	0503	3.0	1746	0732	1722
14 Thu	0602	3.0	1841	0732	1722
15 Fri	0658	3.1	1931	0731	1723
16 Sat	0750	3.1	2019	0731	1723
17 Sun	0839	3.1	2104	0730	1724
18 Mon	0924	3.1	2148	0730	1725
19 Tue	1006	3.1	2230	0729	1726
20 Wed	1047	3.0	2311	0729	1726
21 Thu	1127	2.9	2352	0728	1727
22 Fri	-	2.8	1208	0727	1728
23 Sat	0034	2.9	1252	0727	1728
24 Sun	0117	2.8	1340	0726	1729
25 Mon	0204	2.8	1434	0725	1730
26 Tue	0254	2.7	1532	0725	1731
27 Wed	0349	2.7	1630	0724	1731
28 Thu	0445	2.07	1723	0723	1723
29 Fri	0541	2.8	1814	0722	1733
30 Sat	0635	2.9	1902	0722	1734
31 Sun	0726	3.1	1949	0721	1735
August					
1 Mon	0816	3.2	2037	0720	1735
2 Tue	0905	3.3	2125	0719	1736
3 Wed	0953	3.4	2214	0718	1737
4 Thu	1042	3.4	2304	0717	1738
5 Fri	1132	3.3	2355	0716	1738
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Fish	Fresh Fish Team	021-906-966	Real Estate	Glenn Savery	027-499-8415/832-0832
Fruit & Veg	Orchard & Fields	416-7482	Restaurant/Takeaways	Baba's Curry Café	416-1608
Garage Doors	Don Morris	416-4907	RSA	Hobsonville	416-7227
Grocer & Lotto	Shree Superette Whenuapai	416-8813	Solar Water Heating	Ecosolar	416-6997
Gutter Cleaning	ASAP Gutter Cleaning	021-517-722/416-9271	Storage	About Storage	0274-958-933/09-9450-470
Hairdresser	Margo's Hair Design	412-7276	Surveyors	Boundary Consultants	021-855-247/838-3109
Hairdresser	Whenuapai Hair Co.	416-8926	Taxi	Cheap Cabs	621-0505
Hairdresser	The Cutting Krew	416-6998	Timber/Hardware	Pinepac	416-8164
Handyman	John Van Westrene	027-442-0288/413-9066	Travel	The Travel Brokers	027-294-7744/416-1799
Health	Club Physical	0800-258-248	Tree work	Alpine Tree Worx	021-599-894/412-5431
Herbs	Sue - Hobby Herbs	416-4298	Upholsterers	T&K Upholsterers Ltd	833-5822
Interior Design	Armstrong Colour Design (Alison)	021-412-417	Water - Pure	Aquadynamics	0800-787-396
Insurance	The Insurance Centre	021-824-815/416-2122			

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