

# THE CAUSEWAY

www.thecauseway.co.nz

April 2017

## NEWS & VIEWS

- Help shape the future of Whenuapai ~ Pg 3
- ANZAC Day to the Auckland War Memorial Museum ~ Pg 4&5
- Bouquets for Hobsonville Kitchen ~ Pg 6
- Herald Island Library ~ Pg 8
- Causeway Clips ~ Pg 12 & 13
- Top 10 mistakes first homebuyers make ~ Pg 14
- Whenuapai Floral & Garden Circle ~ Pg 18
- From the Kitchen ~ Pg 14
- Garden Circle Clubs ~ Pg 16-18

## Jazz, bonnets and the great Easter Egg Hunt!



More Easter Pictures on Page 2

## Cool cars on display in the domain

Local resident, Bernie Cox, was one of many locals checking out the hot rods on display. There were over 50 cars parked in the Herald Island Domain on Sunday 9<sup>th</sup> April, a real treat for locals and a perfect day out for Harbour City Hot Rod Club's annual cruise. The club celebrates its 50<sup>th</sup> Anniversary this year, so it was great to see

such a good turnout.

Live music provided by local band, 'Nine 2 Fivers' could be heard around Herald Island, and draw in a crowd. The atmosphere was relaxed while locals chewed the fat with car enthusiasts (more photos page 9).

The event was proudly sponsored by Sue Noonan from Harcourts Hobsonville.



Bernie Cox, Herald Island resident

## ANZAC Day

### Local parade and service

#### Hobsonville RSA Parade

Address: Hobsonville School - 25/04/2016 (10.30am)

Associated RSA: Hobsonville RSA

**Event details:** Parade musters and assembles outside Hobsonville School at 1015 hrs. Fall in at 1030 hrs. March off at 1040 hrs. Arrive at Hobsonville RSA 1055 hrs.

#### Hobsonville RSA Service

Address: Hobsonville RSA - 25/04/2016 (11.00am)

Associated RSA: Hobsonville RSA

**Event details:** Service commences at Hobsonville RSA Cenotaph at 1100 hrs. Service finishes at 1200 hrs. Parade marchers include RSA members, serving personnel from RNZAF Base Auckland (Whenuapai) and usually representatives from Army and RNZN, local schools and youth organisations, Fire Service and Police. Most of the above marchers and other invitees will lay wreaths at the Hobsonville RSA cenotaph during the service

Contact for more information: William MacPherson

Phone: 09-416-7227 or Email: hobbysec@xtra.co.nz

We're online at

www.thecauseway.co.nz & Email: news@thecauseway.co.nz

# Causeway Information

Email: [news@thecauseway.co.nz](mailto:news@thecauseway.co.nz)

[www.thecauseway.co.nz](http://www.thecauseway.co.nz)

Address: 10 Coleman Ave, Herald Island

All correspondence should be legible and include writer's name and address.

~ COPY DEADLINE ~ 15TH OF THE MONTH ~

GENERAL ENQUIRIES: Ph: 416 4298

DISTRIBUTION ENQUIRIES: Ph: 416 6061

ADVERTISING ENQUIRIES: Ph: 09 420 9307

or email [huapai@copyandprint.co.nz](mailto:huapai@copyandprint.co.nz)

## ADVERTISING RATES:

A Business Card size advertisement costs:-

Black & White in newsletter and Black & White Online \$20.00 per single issue. \$18.00 per issue if paid in advance (10 issues).

Black & White in newsletter and Colour Online \$25.00 per single issue. \$22.50 per issue if paid in advance (10 issues).

A Double Business Card size advertisement costs:-

Black & White in newsletter and Black & White Online \$40.00 per single issue. \$36.00 per issue if paid in advance.

Black & White in newsletter and Colour Online \$50.00 per single issue. \$45.00 per issue if paid in advance.

If larger advertisements are required, please phone.

All advertisers also get a listing in the Trade/Professional Services List included. A listing in the Trade/Professional Services List only costs \$12.00 for 3 issues.

## ADVERTISEMENT SPECIFICATIONS:

All adverts supplied must be in one of the following formats: Corel Draw 9, Pagemaker 6.5, Powerpoint, .jpg, .tif or MS-Word (with any graphics sent as .jpg or .tif images as attachments).

Causeway is published as an independent community newsletter to support both the Whenuapai Ratepayers & Residents Association Inc. and Herald Island Residents and Ratepayers Association Inc. to inform the residents and ratepayers of events and proposals that affect the local area.

Circulation 1,200 — pass it on to your friends or tell them to read the Causeway online at [www.thecauseway.co.nz](http://www.thecauseway.co.nz)

The views and opinions expressed in this newsletter are those of the individual contributors and not necessarily those of the Causeway Committee.

While we try to ensure accuracy of information, the Causeway Committee accepts no responsibility for errors or omissions made by individual contributors.

Layout & Printing: Huapai Copy & Print

## Easter Eggs, Bonnets and Jazz

The Easter bunny came early to Whenuapai Village for the Great Easter Egg Hunt and Jazz Picnic.

After horrendous weather the week leading up to the picnic, the sun shone and hundreds of locals poured into the Malcolm Hahn Reserve to listen to great jazz from the North West Trio.

The kids had great fun hunting through the jungle behind the hall, finding ribbons, which were magically transformed into Easter eggs, while adults indulged in hot crossed buns – all kindly donated by the Upper Harbour Local Board.

One of the highlights of the day was the Easter bonnet and Mad Hatter's hat competition, with fabulous prizes donated by The Causeway.

All of the hats created by Whenuapai kids were fantastic, making it a challenging task for the judging panel to determine the winners.



## LUPTON DRAINAGE

- Residential
- Commercial
- Septic Tanks
- Excavations
- Site Clearing
- Truck & Digger Hire
- Post Hole Drilling



Glen Lupton  
Owner Operator

PH: 0274 776 154 A/H: 810 9595 ● 65 Bethells Rd Waitakere Auckland



# Calendar



25 April ANZAC Day  
14-30 April School Holidays

## Auckland Council - Help shape the future of Whenuapai

Whenuapai has been identified as a priority development area. The Whenuapai Structure Plan was adopted by the council in September 2016. The next step is to begin implementing the structure plan through a plan change to the Auckland Unitary Plan (Operative in part).

Auckland Council is now seeking feedback on the Draft Whenuapai Plan Change. Feedback opens on Monday 10 April and closes on Sunday 14 May 2017.

Event information is available from the following venues:

- 29 April **Countdown North West**  
10am-2pm, (Drop in information stall)
- 30 April **Countdown Hobsonville**  
10am-2pm, (Drop in information stall)
- 2 May **West Harbour Ferry service from Hobsonville Marina**  
7am-10.30am, (Drop in information stall)
- 4 May **Hobsonville Primary**  
7.30-pm-9.30pm, (Information session)
- 7 May **Hobsonville Farmers Market**  
9am-1pm, (Drop in information stall)

# DT

## DENTURE CLINIC

DENTURE SERVICES AND REPAIRS

### Smile with Confidence

See our experienced denture technician today!  
We offer an experienced clinical technician  
that provides the following services:

- Full Dentures
- Partial Dentures Plastic and Metal
- Reline on existing Dentures  
*Same day available*
- Repair Work *Same day available*
- Additions to existing  
Dentures *Same day available*
- Mouth Guards

*"Getcha smile back"  
Ray Wood*



Ground Floor, No Stairs, Wheelchair Access  
Lots of easy street parking  
P: (09) 416 5072 • 67 Bringham Creek Road, Whenuapai  
E: info@dt dentureclinic.co.nz  
W: www.dtdentureclinic.co.nz

## Western Lock Services

Mobile Locksmith

- Residential • Commercial • Fitting • Keys Cut
- Lock Repairs • Re-Keying • Automotive • Lost Keys Replaced

Shop 29, Royal Heights Shopping Centre, Massey, Auckland  
P.O. Box 1800-31, Luckens Point, Auckland 1230

Phone: Shop 632-7602, Pat 416-6057 or 017-280 9097

- 7 DAY MOBILE SERVICE AVAILABLE -

# Now Open

## REAL KIDS Early Learning Centre

327 Hobsonville Road  
Hobsonville

- ✓ Primary caregiving for Infants and Toddlers
- ✓ Affordable fees with full and short day options
- ✓ Free Treasures nappies for under 3 year olds
- ✓ Daily healthy, nutritious meals
- ✓ A Reggio Emilia-inspired educational programme
- ✓ Qualified, experienced teachers
- ✓ Spacious, well-resourced facilities
- ✓ Catering for children aged 3 months to school age
- ✓ Open Monday to Friday, 7.00am to 6.00pm

T: 021 627456

E: info@realkidsnz.co.nz

## WESTGATE MEDICAL CENTRE

Family Doctors + A&M Clinic



OPEN 7 DAYS  
Weekdays 8am - 8pm  
W/e & Pub Hols 9am - 6pm

FREE UNDER 6  
weekdays till 8pm

Permanent GPs, X-ray & Lab  
Appointments not essential  
Tel 833 3134  
www.wgmc.co.nz



**DOUG THIRD**  
**MODA BUILDING CONTRACTORS**  
Licensed Building Practitioner

All building requirements ■ 30 years experience

09 416-7646 021 411-137 Fx 09 416-7646

modabuilding@xtra.co.nz



**Des Green**  
**0274 953 930**

**des@whenuapaistorage.co.nz**

**72 Totara Road, Whenuapai**

**www.whenuapaistorage.co.nz**

**Fundagroup Insurance Brokers**

Your local broker having 30 years experience

**House, Contents, Vehicles, Business, Life & Health**

30, Ferry Parade Herald Island  
(09) 416 9944

Helpdesk: 0274 386 387  
fundagroup@xtra.co.nz



**wallerprojects**

**Builders**  
**Project Managers**  
**Design and Build**

Phone (09) 416-7643 (021) 802 845  
www.wallerprojects.co.nz



# ANZAC Day at the Memorial

*The first Anzac Day didn't include a dawn service or the wearing of poppies; those traditions were yet to begin. Instead people gathered at town halls, schools and churches to remember those who returned from Gallipoli, and those who were left behind.*

New Zealand sent more men to fight in the First World War per head of population than any other nation. Of those killed, almost a third were buried half a world away in unmarked graves.

Following the war, subscriptions were raised to construct the Auckland War Memorial Museum. The Museum opened in 1929 and became a symbolic meeting-place for Aucklanders to honour and commemorate the fallen.

### Anzac Day Services -

*Dawn Service 6am, Civic Service 11am, Court of Honour*  
Join us this Anzac Day for the Dawn Service, Civic Service, as well as tours, performances, and special displays.

### One Tree Hill College Chorale

**Tuesday 25 April, approx. 6.40am**, directly following the Dawn Service WWI Sanctuary, FREE

The award-winning premier boys' choir from One Tree Hill College, directed by Terence Maskell, presents music for Anzac Day.

### Auckland Youth Choir – America Joins the War

**Tuesday 25 April, 8.30am**, WWI Sanctuary, FREE

Listen to the Auckland Youth Choir perform works by American composers as a response to the US joining World War I. The two works are 'Five Negro Spirituals' from Michael Tippett's *A Child of Our Time* and Randall Thompson's 'Alleluia'.

### No Man's Land screening

**Tuesday 25 April, 7.30am, 9am and 1.30pm**, Auditorium, Level 2, FREE

Watch this groundbreaking film that commemorates the First World War. Led by acclaimed New Zealand composer John Psathas (ONZM), the project brings together the descendants of opposing forces and reunites them on the battlefields of WWI in friendship and musical solidarity. John Psathas will talk about the process at the 1.30pm screening.

### Poppy Badge-making

**Tuesday 25 April, 11am–3pm**, Weid and Wonderful, FREE  
Bring the kids along to colour and create their own poppy badge.

### Play it Strange presents Peace Songs

**Tuesday 25 April, Approx. 12pm**, directly following the Civic Service, WWI Sanctuary, FREE

Since 2008 the Play It Strange Trust has run a very special songwriting competition - the Peace Song Competition. Listen to past winners including; Ashy Batchelor, Holly Cramer-Roberts, Emma Cooper-Williams, Katie Ashworth and Kelly Harris - all performing their own songs in the theme of peace and what it means to them, our young New Zealanders.

# Auckland War Musum

## Lest We Forget Poetry Competition Finalist Readings

**Tuesday 25 April, 1pm, WWI Sanctuary, FREE**

Meet the finalists of our Lest We Forget Poetry Competition and hear them read their competition entries.

## WWI and WWII Tours

**Tuesday 25 April, 7.15am, 8.15am, 9.15am, 12.30pm, 1.30pm, 2.30pm and 3.30pm.**

Join our experienced guides and explore the stories of both World wars. Meet at the Big Red Arrow in the Grand Foyer.

## Library War Collections Displays

**Tuesday 25 April, 6.45am – 3pm, Library, Level 2**

Discover WWI stories through photographs, diaries, letters, and ephemera.

## Military Service Research

**Tuesday 25 April, 6.45am – 3pm.** Pou Maumahara Memorial Discovery Centre, Level,

Explore this newly opened gallery where you can find out more about a serviceperson using Online Cenotaph and other library resources. A medal and badge identification service will also be available between 6.45am and 11am.

## Dome Tours

**Tuesday 25 April, 2pm – 4pm,** the Atrium by Lifts 1 and 2

Join our informative guides for a tour of our Events Centre on Level 3 with its stunning 360 views.

## Entry to the Museum is FREE to everyone on Anzac Day

Enjoy a coffee or meal after the Dawn Service at Columbus Cafe, where there is no holiday surcharge. Buy a poppy here at the Museum to commemorate our Anzac Soldiers, with all proceeds going to the New Zealand RSA.

## Anzac Day Services: questions and answers

Attending the Dawn or Civic Services this Anzac Day? We've put together some information to help you with arrival times, parking, and public transport options.

See the website for further details:

<http://www.aucklandmuseum.com>

## Anzac Biscuits

50g Flour  
75g Sugar  
50g Butter  
2/3cup Coconut  
2/3cup Rolled Oats  
1Tbsp Golden Syrup  
1/2tsp Bicarb Soda  
2Tbsp Boiling Water



Mix together flour, sugar, coconut and rolled oats. Melt butter and golden syrup. Dissolve bicarb soda in boiling water and add to butter and golden syrup. Make a well in the centre of flour, stir in the liquid. Place spoonfuls on cold greased trays. Bake 15-20mins at 180degC.

## Thinking of Selling?

Call me now for good old fashioned service.

*In your community for over 30 years.*



WARREN BEXLEY

Phone 027 516 5454  
Email w.bexley@barfoot.co.nz  
Barfoot & Thompson West Harbour  
09 416 5599 | www.barfoot.co.nz



## Rawleigh's Healthcare

Authorised Independent Distributor

**Andrew**

Phone/Text: **022 34 7035**

Email [WITMEnterprise.R@gmail.com](mailto:WITMEnterprise.R@gmail.com)

Free Delivery

Invoicing

GST Returns

PAYE Returns

Debtors Control

Bank Reconciliations

Creditor Management

Monthly Reporting

*Bizbooks*  
Limited

Greg McIntosh

p 09 416 7063

m 021 034 6216

e [greg@bizbooks.nz](mailto:greg@bizbooks.nz)

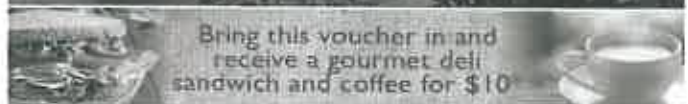
[www.bizbooks.nz](http://www.bizbooks.nz)

## We are your new Local...

416 9926

- Fresh Coffee
- Handmade Sandwiches
- Cakes, Muffins, Biscuits
- Fresh Flowers

Next to fruit world corner of Bingham Creek and Hobsonville Road



Bring this voucher in and receive a gourmet deli sandwich and coffee for \$10

ESPRESSO COFFEE

EST. 14  
**DELI BROTHERS**

fresh & local

Fresh coffee • Handmade sandwiches • European goods

Open 7 days • Drive in • 416 9926

# Greetings music lovers!



It is with pleasure that we announce our first weekend concert for 2017.

We warmly invite you to:

Massey Mother's Day – Say it with music!  
What better Mother's Day gift than the finest piano and violin music featuring the Fazioli 228, one of the world's finest pianos.

**(Francis-Lee Duo)**

**Charlotte Francis - Violin  
and Gemma Lee - Piano**

Works by Schubert, Beethoven, Sarasate and more  
Sunday 14 May, 4pm, Massey High School  
Bruce Ritchie Performing Arts Centre,  
274 Don Buck Road, Massey.

\*

Adults \$15 Students \$5

\*

Contact: Robert Loretz email: [robertloretz@gmail.com](mailto:robertloretz@gmail.com)

# Bouquets for Hobsonville Kitchen

Kad picked Hobsonville Kitchen for our special Sunday brunch spoil, as she loves their smoothies. We ordered off their breakfast menu Berry Crepes, Eggs Bene and The Breakfast along with Antioxidant Smoothie, Flat White and pot of Earl Grey. The waitress was attentive and the meals were on our table in no time, they were generous and delicious.



The cafe had a steady flow of customers making the most of the fine, early autumn day.

The Hobsonville Kitchen has dairy and gluten free options available. It has a well-stocked cabinet of savoury and sweet food, along with a sit down menu.

The brunch would have been perfect, bar one slight mishap. We had an unfortunate accident with the smoothie, it ended up spilt all over the table. Extremely disappointing for Kad, but no problem to the staff, it was cleaned up smartly and replaced with another on the house.

Bouquets for Hobsonville Kitchen, we'll be back.



## NEED HELP?

Our services include:

- Emergency Repairs
- Alterations
- Maintenance
- Install Dishwashers
- Hot Water Maintenance
- Shower Pressure Problems
- Install Wastemasters
- Roofing Maintenance
- Spouting
- 10% Discount on Labour

**MABER PLUMBING SERVICES**

*The Right Connection*

**416 9686**

PHONE: GRAHAM 021-626-299  
All Work Guaranteed 24 Hour Service

# GB

## Guthrie Bowron

Decorating Specialists

**Flooring**

**Wallpaper**

**Curtains**

**Blinds**

**Paint**

WE WILL HELP SELECT  
**YOUR**

---

PAINT, WALLPAPER,  
FLOORING, CURTAINS OR  
BLINDS

WE WILL COME TO  
**YOUR HOME TO**

---

MEASURE &  
**QUOTE**

JOIN OUR **GB INSPIRED CLUB** AND ENJOY  
DISCOUNTS ALL YEAR ROUND.

**15% OFF GUTHRIE BOWRON PAINT RANGE\***

**15% OFF WALLPAPER\*\***

**10% OFF ALL GB HOME BRANDED  
ACCESSORIES\***

**FREE IN-HOME DECORATING ADVICE WITH  
HOUSE CALL\***

WE WILL PROVIDE  
**YOU WITH**

---

INSPIRATION &  
**ADVICE**

BRING IN  
**YOUR PLANS**

---

COME SEE US  
**TODAY**

**Guthrie Bowron Wairau Park**  
140 Target Road  
Wairau Park, Auckland  
09 441 4384 | [warren@gbwairau.co.nz](mailto:warren@gbwairau.co.nz)

# Budget Footnotes

## Preparing for an interview - Part 3 of 3



### Remember to relax – be friendly and polite:

The interview is your chance to tell the employer why you are the right person for the job.

It's normal to be nervous – but try to relax. Be friendly and polite and try to keep good eye contact. Listen carefully to questions you're asked and give positive and honest answers. Check your notes if you need to and take more notes if you want. If you don't hear or understand something ask the interviewer to repeat it. At the end thank the employer for the interview and ask when they will be making a decision.

When you get the job:

There are quite a few things to think about when you start a new job. Or instance you'll need to find out

- What day and time you start, and the hours you'll work
- Where to go and who to ask for on the first day.
- What you need to take (like tax and bank account numbers)
- How the wages are paid – and when.

### When you are settling in:

Those first few weeks are an important time when others will form a lasting impression on you. Here are some tips for making a good impression:

- Be honest and dependable – be on time, get all your work finished, be prepared to do more than you are asked to do and help others if you can.
- Be polite and friendly – introduce yourself, shake hands and remember names.
- Learn quickly – ask if you don't know and take notes if you need to.
- Learn the rules – find out the health and safety rules, and unwritten rules about how things are done in your workplace, and make sure you follow them.
- Solve your own problems – don't ask for help every time something does wrong – try to figure it out first, then check to see if you are right.
- Keep home and work separate until you know what the boundaries are at work.



## Lose up to 26% of your fat tissue without a surgical procedure

- Body freeze sculpting, cryolipolysis.
- Ultrasonic cavitation.
- 3D negative pressure RF liposuction/cellulite removal.
- Other treatments available, call to discuss your personal requirements.

Contact your local, qualified beauty therapist, for a confidential appointment.

295 Hobsonville Road, Hobsonville.  
 Mob: 022-044-9838  
 Email: coolitbodysculpt@gmail.com

~ OPENING SPECIAL ~

½ price packages are offered to the first 5 customers, along with a free consultation.



Fresh New Zealand Roasted coffee in capsules for all Nespresso machines

Order online  
[www.coffeecan.nz](http://www.coffeecan.nz)

Free delivery with the code 'local' at checkout  
 excellent value at \$7.80 per pack of 10

## GARAGE DOORS

For all types of doors and auto openers.  
 New, replacement or repairs and maintenance.

▼  
**Phone: Don ~ 416-4907**  
**GARAGE DOORS WEST AUCKLAND (1989) LTD**



- › New Installations
- › Hot Water Repairs
- › Data Cabling
- › Repairs & Maintenance
- › Renovations
- › Switchboard Upgrades
- › Lighting
- › 24 hour Callout Service

Contact Kris: 022 3326663 / 09 4126066  
[kjackson@connectelectrics.co.nz](mailto:kjackson@connectelectrics.co.nz)

## TOTARA SUBTROPICAL GARDEN WATERS

### Bed & Breakfast

Private, fully self contained holiday cottage amongst luxurious gardens  
 89 Totara Rd, Whenuapai - Ph: 416-8272  
[www.totarawaters.co.nz](http://www.totarawaters.co.nz)

## about storage

From \$5 + gst per day  
 Household lots, cars, boats,  
 Caravans, containers, documents

Next to Airport, Whenuapai 89 Brigham Creek Rd  
 MOB: 0274 958 933 a/h Ph 09 9450 470

# Herald Island Library News 2017

*"Nothing can dim the light which shines from within"*  
 Maya Angelou

Our Happy Herald Island Book Club helpers amongst our Herald Island Library's assortment of books.

As our main librarians Christine and Etta work full time we thank Clare, Deborah and Gill as above assisting in one of the library's major tasks of the rearrangement of books into the appropriate genres and in alphabetical order. This job is pretty arduous and can be time consuming and definitely not for the faint hearted. Thank you.

Thanks to the help of Jacquie Knowles, new shelving were acquired and a lot of painting and decorating plus installation from Mike Hassett the Herald Island Library is looking fantastic.

We have had to cull a lot of old damaged books to make room for new ones. Please bear with us as it's organised chaos at the moment and we hopefully should be fully re categorised and listings completed by the end of the year. Hence our members should one day be able to access the listings of our library books /Audio Books/DVD's and puzzles online and order from them. We thank Ann McNeil for her continued support in helping the library with her assistance in our Library Cataloguing.

The quality of the range of books received to date have been excellent and pleased of the condition that they have arrived in. We have an array of a good variety of DVD's to keep the idle busy



*Clare, Deborah and Gill who helped sort books in the library revamp*

and contented.

A new section has been devised to display our range of Books as voted by New Zealanders that have been listed on the 2016-2017 Whitcoulls Top 100 Books "Must Read". Although we do not hold all the books listed but we still have a few to keep you well pleased.

Pop on in and have a cuppa on a Wednesday with our Craft Ladies and or on the Saturdays with either Etta or Christine who are always pleased to help with any queries that you may have.

Remember we are not opened on Public Holiday weekends or school holidays.

We are always open to accept offers of help on Saturdays for those who are willing to help for an hour or a couple of hours. Please telephone Etta Gillon on 09-416-7638 or email [herald.island.library@gmail.com](mailto:herald.island.library@gmail.com)

**Wednesdays: - 9.30am to Midday**

**Saturdays: - 10.00am to Midday**

*Thanks to Ann McNeil the library will be open:*

**Easter Sunday: - 10am to Midday**

*"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face . . . You must do the thing you think you cannot do"*

*Eleanor Roosevelt*

## WHENUAPAI AUTOMOTIVE

**MECHANICAL • WOF • TYRES**

**Carl Lazonby**  
 09 416 8225  
[carl.lazonby@gmail.com](mailto:carl.lazonby@gmail.com)

70 Totara Road, Whenuapai

PROFESSIONAL & AFFORDABLE  
**CLEANING SERVICES**

- ❖ Carpet Cleaning (Steam Deep Clean/Hot Shampoo/Deodorization + Sanitization)
- ❖ House Cleaning (Regular/Once off)
- ❖ After Renovation/ Builder Cleaning
- ❖ Commercial/ Office Cleaning
- ❖ Window Cleaning /Etc.

**022-489 8899**

[info@hiclean.co.nz](mailto:info@hiclean.co.nz)

[www.facebook.com/hiclean.nz/](http://www.facebook.com/hiclean.nz/)

## UNDER NEW MANAGEMENT

Come in and see Pam for a *FREE* consultation and a full pricelist

Ladies cut & blow wave	\$45	Mens cut	\$20	
Full head of foils – incl CBW	from \$130	Retouch tint – incl CBW	from \$95	

Senior citizen discount available

Whenuapai Shops - 87 Brigham Creek Road

[www.whd.co.nz](http://www.whd.co.nz)

416-8926



# Cool cars on display in the domain



## STEVE BEVAN PAINTING & DECORATING INTERIOR / EXTERIOR

ALSO GIB STOPPING  
23 YRS WORKING IN THE WHENUAPAI  
& HERALD ISLAND AREA  
FREE QUOTES

20A TOTARA ROAD PH. 416 8183

## Copy & Print

*Do your pocket and the environment a favour!*

For refilled ink and remanufactured toner cartridges at much lower prices than originals visit

**Huapai Copy & Print**  
312 Main Rd, Huapai  
Phone 412 8882



Specialist floor sanding  
New and old floors  
Staining & Polyurethane finishes  
Concrete & Wood Floor Preparation  
Free Quotes

EMPHASIS ON ALL ASPECTS OF  
FLOOR SANDING & REFINISHING

**Greg Ross**  
Ph: 027-2881-775

[classicfloors@vodafone.co.nz](mailto:classicfloors@vodafone.co.nz)



If you're looking to sell, the journey ahead can seem daunting. Bayleys makes it easy - working with you to achieve the best result.

Give Jayne a call to find out how she can help you get the outcome you want.

**"Selling Solutions  
Not Promises"**



BAYLEYS REACH

**Jayne McCall**

B: 09 212 8831

M: 021 606 969

E: [Jayne.mccall@bayleys.co.nz](mailto:Jayne.mccall@bayleys.co.nz)

**BAYLEYS**

SPILLER & LITTLE LTD.  
Licensed under the REA Act 2008

# Harcourts

**Geoff Polglase**

Sales Consultant

p 09 416 8176  
m 0274 874 663  
e geoff.polglase@harcourts.co.nz

"Innovative with huge passion for property with great customer service"

www.harcourts.co.nz



## wired electrical

john vlaanderen mobile 0274 961 585  
wired electrical limited  
ah 09 416 6348 fax 09 416 6308

domestic | commercial | light industrial | new & existing installations

## All Computer Problems Fixed!

Computer slow, misbehaving or crashing?  
PC's, Servers, Laptops, Smartphones & Tablets.  
Email, Viruses, Malware & Spyware.  
Websites, Office 365 & Data Backups.  
On Site Support & Computer W.O.F.

Ian Haylor 416 5129 / 0274 388603 / info@norwestit.co.nz

**Norwest IT Services**

Competitive Computer Support for Home and Business

**HOBSONVILLE POINT  
FARMERS  
MARKET**  
EVERY SAT & SUN 9AM - 1PM



## KEIGHTLEY MOTORS

Malcolm Keightley  
Director



71 Brigham Creek Rd  
Whenuapai

*Quality Automotive Repairs*

Ph: (09) 416-8964 Fax: (09) 416-8961 A/H: (09) 420-2788

# What type of car

## Posted by Discovery Parks

At Discovery Parks, we've learnt (sometimes the hard way) that we all do things in very different ways. Caravanners are definitely no exception.

Caravanners are a great bunch but no two are alike. So for a bit of fun, we've narrowed down some of the most common caravanner personalities and exactly how you can spot them.

Does one of the below types of caravanners sound like someone you know? How many have you spotted at your favourite holiday park?

### The Novice

The first time caravanner. Give them a clear berth when they're reversing into the caravan park.

### The Chiller

The Chiller has no plans and is happy to go with the flow and see where they end up every day. They are often found sitting in a deck chair, with a beer, staring at a large body of water.

### The Planner

Loves an itinerary. They relish the opportunity to fine tune every nitty gritty detail of a holiday and has every second, of every day planned out.

### The Budgeter

Pinches every penny! You're more likely to find them parked by the side of the road at night than in an actual holiday park.

### The Repeater

We all know one; The Repeater goes back to the same holiday park year after year. They've had a standing booking on a particular site, on the same weekend, for the last 20 years.

### The Complainer

Expects everything to be exactly like it is at home. Complains when it isn't.

### The Group

These are the people that only seem to ever travel in a group. Often found taking over the camp kitchen or the BBQs. Don't park next to them unless you want to be kept up all night!



### The 'Maybe Next Year'

They retired, bought a caravan, but the caravan has never actually left the driveway.

### The Chatty Cathy

Will talk to anyone and everyone! Guaranteed to be your new best friend by the time you leave the holiday park.

# per are you?

## The 'No Kids Allowed'

Loves peace and quiet. Never travels during school holidays.

## The Vintage Caravanner

Most likely aged between 25 & 35 and probably travelling close to home in case the vintage van doesn't make it and needs repairs.



## The Adventurer

Takes the road less travelled. More than once their kids have contacted the local authorities because they went bush for a few days and lost phone reception.

## The Techie

Goes caravanning just so that they can buy new caravan gear. Attends multiple days of the Caravan & Camping Show. Always has the latest gadgets and accessories.

## 100 Days Project

Are you up for the challenge?

I must admit I'd never heard of the 100 Days Project until a teacher mentioned it the other day. If you've got some creative juices, let them rip!

The project is open, young and old can take part. The basic idea is you produce something every day for 100 days.

For example, if you're a writer or a poet, write a paragraph, or poem, or slogan, or some inspirational words every day for 100 days.

If you're into photography or art, choose a topic, say light and dark, animals, the sea your choice and take a photo or paint a small picture about that topic each day.

Even musicians or dancers can enter, imagine coming up with some dance moves, some lyrics or a small piece of music each day. Put it all together after 100 days... it could be amazing!

The 100 Days Project starts on the 22 May and finishes on 29 August 2017. You register online (100daysproject.co.nz), \$15 entry fee and they encourage you to upload some of your work during the 100 days onto their website.

This is a really amazing challenge, hundreds, maybe thousands of people could be entering and working on their projects while you work on yours.

It would be amazing if some locals entered the challenge, let me know if you have. It would be neat to keep in touch and hear about your progress. One hundred days is a long time, I'm going to give it a go, email me if you have too!

If there's a few of us, I'm keen we hold our own exhibition in the Herald Island Fire Station as well when the project is complete. It would be fabulous to see what locals can produce!

Email Sue: news@thecauseway.co.nz  
ismcelroy@xtra.co.nz

The 100 Day Project website: 100daysproject.co.nz  
Registrations are open now!



- renovations
- maintenance
- new builds
- hot water
- contracting

## Nick Lawrence

Director | Plumb-Tight Ltd

M 022 416 6061 | E nick@plumbtight.co.nz

W www.plumbtight.co.nz

P PO Box 84104, Westgate, Auckland 0657

## Barfoot & Thompson West Harbour Rental Department

### Protecting Your Investment

• Many years experience in managing properties

• Extensive knowledge of West and Central rental markets specialising in your local area

• Consistent top quality service & results

• Happy tenant... Happy landlord!



Tim Werry

M 0274 909 705  
P 09 416 3941



Cushla Adams

M 0274 444 585  
P 09 416 3941

www.barfoot.co.nz

Barfoot & Thompson

Member of the Real Estate Institute of New Zealand

## Rt Hon John Key

MP FOR HELENSVILLE

365 Main Road, Kumeu  
p 012 2496111 | e john@johnkeymp.co.nz  
www.johnkey.co.nz

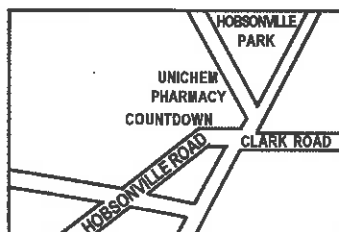
National  
www.national.org.nz



## Unichem<sup>®</sup> Hobsonville Pharmacy

- Full medical prescription dispensing and consultant pharmacy services
- Medical Blister Packs
- Friendly Professional Service
- Natural Health Care & Advice

Passport Photos,  
Cosmetics, Gifts and Skin Care



HOURS:  
MON - FRI  
8.30am - 6pm  
Sat 9am - 3pm

Ph: 416 8277  
Fax: 416 8979  
124 HOBSONVILLE ROAD,  
HOBSONVILLE

Jeff Spearman M.P.S  
LOCALLY OWNED AND OPERATED FOR OVER 20 YEARS

## Whenuapai Mowers & Chainsaws



Jim Bolton

**STIHL®**

Brigham Creek Road, Whenuapai • Tel/Fax (09) 416 8714  
whenuapaimowers@pl.net

## Causeway Clips



### Animates Westgate - School Holiday Activities

Animates, Westgate, 34 Maki St, West Harbour, Auckland  
Thursday 20 April 2017 11:00am and Thursday 27 April 2017 11:00am.

Part of April School Holidays 2017, FREE of charge, for all ages. School Holidays are just around the corner and once again we are hosting some exciting activities to keep the kids entertained! Join us at your local Animates.

Children can learn everything they need to know about rabbits, guinea pigs, rats and mice; small in size with big personalities. The sessions are a great way to introduce children to the skills they need to be a nurturing pet parent. Each child that attends will also receive a certificate to take home.

No booking required, but make sure you get in early.

### FREE Community Exercise Sessions

Hobsonville Point Farmers Market, The Landing, by Hobsonville Ferry Terminal, Hobsonville, Auckland

Saturday 1, 8, 15, 22, 29 April 2017 9:15am – 10:00am

Sessions continue into May.

Restrictions: All Ages

a free exercise session located in one of the best spots in Auckland. Gorgeous views and awesome markets to enjoy afterwards. Each session will incorporate a strength, high-intensity and endurance phase. We cater to all fitness levels.

Our trainers are friendly and approachable and we encourage everybody to leave your ego at home!

Get amongst it. Must book in prior to session.

See timetable and create your account to book online.

If you have any questions, contact Melody on: 021-556-010 or [northwest@bootit.co.nz](mailto:northwest@bootit.co.nz).

### SKIP Parenting Workshop

West Harbour Community Hub, 74b Oriel Ave, West Harbour, Auckland. Free admission.

Dates: Thursday 4, 11 and 18 May: 9.30am-11.30am

Workshop – 3x 2hour sessions for parents with children aged 0-5 years. We also help support parents meeting up on a regular basis after the workshops, creating or strengthening informal support networks.

Topics that are often asked to be covered are:

- Children's tantrums
- How can I get my child to listen to me?
- Working with our anger
- 3 styles of parenting

This is part of the SKIP positive parenting project which emphasises the six things children need to grow into happy, capable adults. SKIP focuses on families with children under 5 years old and the principles are so good that they can be used with any age group and in any relationship.

Getting together is one of the best ways to gain parenting support and strategies to raise our children in a loving and



**first national**  
REAL ESTATE  
Waitakere  
Waitakere Real Estate Limited - Licence Agent REAA 2008



Access to the best technology and marketing!  
Outstanding service!  
Listing and referral incentives!  
Local community support with every sale!

*Selling made easy with Amanda*      m 027 465 7571

**Amanda Wiapo**      • [amanda@firstnationalwest.co.nz](mailto:amanda@firstnationalwest.co.nz)  
Licenced Salesperson REAA 2008      w [www.firstnationalwest.co.nz](http://www.firstnationalwest.co.nz)

## SewEzy

High-quality clothing alterations  
and repairs to all garments right  
here in Whenuapai

Call Kim on 0204 SEW EZY (0204 739 399)  
[kim@sewezy.co.nz](mailto:kim@sewezy.co.nz) - [www.sewezy.co.nz](http://www.sewezy.co.nz)



Chris Hallett  
027 499 6391  
North Shore 443 8530  
Central 416 6711  
West 836 5936

**Hallett TV Aerials**  
ESTABLISHED 28 YEARS • OWNER OPERATED

PRIME • EXTRA OUTLETS • INSTALLATIONS • REPAIRS

## PureZone

For Pure Clean Clear Water

0800 PURE ZONE  
(787 396)  
[sales@aquadynamics.co.nz](mailto:sales@aquadynamics.co.nz)  
9 Clemway Pl, Henderson  
*Buy Filters Online*  
[www.aquadynamics.co.nz](http://www.aquadynamics.co.nz)



nurturing home. There is a lot of free SKIP positive parenting booklets, posters, magnets, wall friezes for you to take home too. To register please contact Rochelle:  
Phone - 09-376-3227 ext 2, Mobile - 027-460-5632 or Email - skip@womens.org.nz.

### Cat lovers needed

Volunteers required to help with cleaning duties at a cat rescue shelter in Huapai. Can you spare two or three hours once a week? Also loving homes needed for some of the friendly rescue cats. Donations appreciated at: [thencatfoundation.org.nz/donate](http://thencatfoundation.org.nz/donate)

### Play Golf in Your Local Area

The RNZAF Auckland Golf Club (Kauri Rd, Whenuapai) has a limited number of memberships available. Best value annual subscriptions in Auckland, Full 18 hole course, Pro-rata subscriptions available for remainder of year, Joining fee waived for a limited time. Email: [rnzaf.auckland@golf.co.nz](mailto:rnzaf.auckland@golf.co.nz) for further information.

### Tuesday Evening Book Club

You are invited to join us on the 2<sup>nd</sup> Tuesday of every month at 5.30pm at the Massey Library. To register your interest phone Lynette 833-6640.

### Hobsonville Art Club

Welcome new members. Tuesday mornings in the Hobsonville Community Hall from 9-12noon. Call in or phone Robin 838-1911.

### Fitness League

Movement is life! Exercise, dance, energise, socialise at the Hobsonville Hall Wednesday from 9.30am. Freephone: 0508-224-687 or check out the website: [www.fitnessleague.org.nz](http://www.fitnessleague.org.nz)

### Ukes out West

Ukulele players wanted! Classes for April, please register now. Friday mornings beginners group - 10.30-11.30am \$15pp. Thursday evening advanced beginners 6.30-7.45pm \$15pp. Phone Lynn 027-458-3691 or website: [www.lynnwaltersmusic.com](http://www.lynnwaltersmusic.com)



Licensed under the REAA 2008

**Specialists in**  
**Property Management**  
**Tenant Management**  
**West Auckland**

**Zero Tolerance Rental Arrears**

Glenn Savery AREINZ Mob 0274 998 415  
Helen Warriner Office 832 0832 ext 0

### Waitakere Accounting & Tax Services

For all your Bookkeeping, Rental Properties,  
Tax Returns, GST

Contact Jackie for a free chat with affordable fees in a home based business.

Phone:(09) 837 2463 Mobile: 021 373 498  
E-Mail: [jackie@tax4you.co.nz](mailto:jackie@tax4you.co.nz)

Hobsonville  
Physiotherapy



Sports | Senior | Occupational | Rehabilitation "Hands on Healthcare"

Professional and Precise treatment for the management of:

- Back/neck pain • Arthritic pain
- Sports injuries • Sciatica
- Headaches • Nerve pain
- OOS / RSI • Muscle/ligament
- Muscle balance • Rehabilitation

**ACC Subsidised Treatment**

**Direct Referral accepted**

Hours: Mon - Fri 7:00 to 7:00pm  
Sat - on call

187 Hobsonville Road

Phone: 416 4455

e-mail: [physio@hobsonvillephysio.co.nz](mailto:physio@hobsonvillephysio.co.nz)

[www.hobsonvillephysio.co.nz](http://www.hobsonvillephysio.co.nz)

**Chris Ridley 021 488 274 or [chris@streamlineelectrical.nz](mailto:chris@streamlineelectrical.nz)**

Residential and Commercial Electrical / Contracting | Electrical Service Upgrades  
Home and Commercial Wiring and Rewiring | Phone, Cable and Data Services  
Alarm and security installations | Gate and Automation

**ECHO  
DRAINAGE  
LTD**

**DOUG GRAHAM**  
*Registered Drainlayer*

78, Puriri Rd, Whenuapai, Auckland

Tel/Fax: 09 416 6349, Mob: 021 416 420 / Email: [echo8@xtra.co.nz](mailto:echo8@xtra.co.nz)

**PROVENANCE**

Hand crafted textiles, project kits,  
artisan supplies and more ...

[provenance.co.nz](http://provenance.co.nz)

### West Auckland Denture Services WHENUAPAI

- Free consultation
- Free advice
- Over 30 years experience
- Modern techniques and materials
- WINZ and insurance quotations
- Late evening and Saturday appointments by prior arrangement



**IF YOU ARE NOT SATISFIED WITH YOUR  
CURRENT DENTURES CALL ME NOW**

**Boris - 021 661 426**

# Top 10 mistakes first homebuyers make

By John Bolton, Squirrel Mortgages

Getting into your first home is hard, especially in the Auckland market. After successfully guiding over 1,500 young (and not so young) people through the process we have noticed the same mistakes being made over and over.

By avoiding these mistakes you will reduce your risk and increase your chances of getting ahead.

## 1. Poor account conduct

This is when being silly or forgetful with your money can come back to haunt you. Your home loan won't be fully approved until the bank has seen your bank statements. Dishonoured direct debits or going into unarranged overdraft can make you look like a risky prospect and you could be declined especially given how ruthless bank's are on "credit issues" these days.

The way they see it is if you can't manage your money well before you get a mortgage then there is no way you will afterwards. They have a point!

## 2. Looking in all the wrong places

A number of first home buyers start their hunt looking at properties (and going to auctions) well above what they can afford. Eventually they get buyer fatigue and end up buying the first thing they can, which is never a great way of approaching it. It's getting better with the market swinging back to buyers and auctions getting passed in. You can now often buy through price by negotiation so take advantage of that! We're starting to see buyers get better deals.

## 3. Putting offers on the wrong houses

If a place seems too good to be true, it usually is. Do some basic checks yourself before getting an inspection - look under the floor for dampness or rot and look for repairs. Anything that looks like a "Leaker" likely is a leaker. They're a risky proposition even if the agent can convince you it's not leaking now, you'll end up with the same issues when you come to sell. Unless you know what you are doing (i.e. a builder) don't touch them!

## 4. Kiwisaver

If you are using Kiwisaver, get on to it early. We find that solicitors can sometimes forget to do their bit of the process. That can make it a mad rush at the end and more stressful than it needs to be. Get on to it early and get the forms signed and completed to be ready to withdraw your funds. If in doubt, we can help keep you on track.

## 5. Not allowing for upfront costs

You will have between \$1,500 and \$3,000 of upfront costs when buying property. Make sure you factor this in to your budget. Also make sure you get a quote from your lawyer. We've had plenty of clients get burned by the old family lawyer because they never asked about the cost. Lawyers should cost \$900-\$1,500. The worst I've seen was close to \$4,000 for a simple purchase. You'll also need to fork out on building inspections (about \$500 each), maybe a valuation (\$800-\$900) and then there are moving costs. Also allow a bit for deferred maintenance you didn't pick up when buying. I had to replace the laundry tub within a week of buying my first house, the pink curtains also went along with the mirrored wall in the bedroom!

## 6. Under estimating borrowing costs

Banks will approve you for more than you can reasonably afford. It's important to have a realistic budget and to plan on higher interest rates. Putting your head in the sand simply creates problems later. Interest rates are at historic lows. You need to be able to afford your mortgage when rates eventually go back up to

- New Zealand made
  - 100% Natural
- Wearable Wheatbags



Mob: 021-413-655  
PO Box 81-083  
Whenuapai

www.wheatbags.co.nz

## Kumeu Chiropractic

adjust • adapt • thrive

Dr. Chris McMaster • Dr. Nolene McMaster

412 5536

www.kumeuchiropractic.co.nz

8 Shamrock Drive, Kumeu

## DANNY'S PALMS

Landscape Design  
Services & more

68 Trigg Road  
Whenuapai, Auckland

Ph: 021 442 313

We don't just SELL quality,  
We GROW it...  
for over 30 years!



Non Hill & Team

## Stella & Kristen

"Double the selling power"

Two salespeople with 14 years combined experience,  
giving you 100% commitment, double the representation  
all for only one commission!

We love what we do every day - choose us to be part  
of your next Real Estate experience.



We both bring different  
skills in marketing and  
selling to solve your Real  
Estate wants and needs.  
Call us, let us explain  
what we can do for you.

"Double Agents = Double Value"

Stella Brooker

M 021 413 433 AH 09 416 4804  
s.brooker@barfoot.co.nz

Kristen van Rossem

M 0275 426303 AH 09 413 9015  
k.vanrossem@barfoot.co.nz

Barfoot & Thompson

09 416 5599

barfoot.co.nz

6% (Check out: Why NZ interest rates are set to rise).

#### 7. Changes in circumstance

If you are going to have kids, travel overseas, go back to study, or join a hippie commune - work out what that means in advance. Dropping to one income or a change of career can smash your ability to service the mortgage. Plan ahead.

When house prices are going up it doesn't really matter but you don't want to be forced to sell if prices are going the other way. House sales volumes are down (less liquidity) and things are taking longer to sell. Don't become a statistic! If you need insurance, we can help with that.

#### 8. Paying the minimum

If you only pay the minimum you will not get ahead and your mortgage costs will increase when rates go up. Try and pay extra from day-1 or at the very least have a plan.

#### 9. Choosing the lowest rate

The lowest rate is often not the cheapest option - they can often come with hooks and hidden costs. Now that rates are starting to go up, the 1-year rate will always look best. In reality longer term rates will perform better and give you more certainty.

#### 10. Buying "interest free" stuff for the house

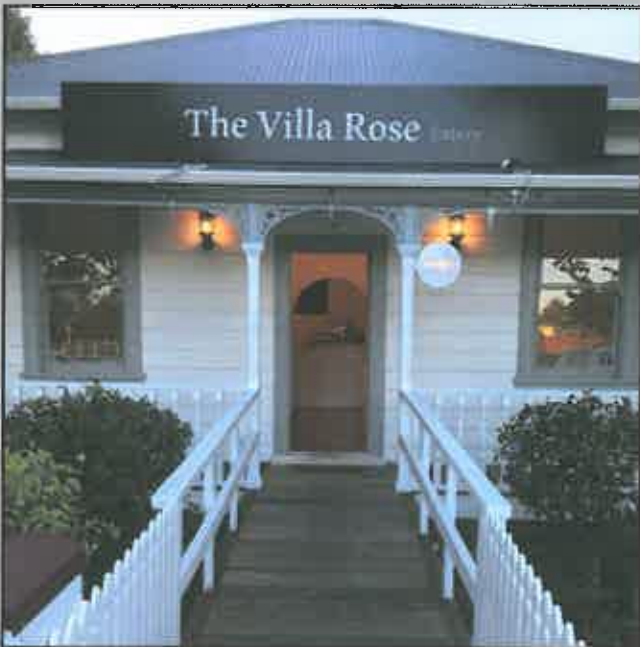
Once you have a mortgage it gets harder to repay other debts. Although a hire purchase might be interest-free (and you might absolutely need it for your kitchen) at some point it needs to be repaid and will then impact on how easy it is to live with your mortgage. Debt is a trap. The more of it you have the harder it is to pay back. Don't kid yourself; the TV or car is not an asset!

## The Villa Rose Eatery

Looks can be deceiving, at first glance you'd think it was a small villa café, but with both inside and outside dining it's the perfect spot to relax with a cuppa, some good food and friends.

We visited the week before and thoroughly enjoyed the eatery, as did the seven friends who returned to the Villa Rose Eatery a week later. The food is mouth-wateringly fresh and tasty, the coffees are great and the outside setting on the balcony was brilliant for a sunny late summer luncheon. There's a big backyard, so larger family groups can have tables under mature trees. Even a picnic blanket with toy box for the kids.

The Villa Rose Eatery is a delight



## Fundagroup Insurance Brokers

*A helping hand with easy financial solutions to*

# Renovations # Business cashflow # Arrears  
# Start-ups # Unplanned expenses # Overseas travel?

*A freedom Loan could help. Talk to us to find out how to achieve!*

30, Ferry Parade, Herald Island  
4, Tilbrook Pl, Papakura

Helpdesk-0274 386 387  
fundagroup@stra.co.nz



### CHALLIS APPLIANCES LTD

Repairs to:  
Washing Machines \* Refrigerators  
Stoves & Driers \* Dishwashers

*All Western Districts*

Ph: (09) 416 8258  
Fax: (09) 416 9461  
Mob: 0274 835 606

125 Totara Road  
Whenuapai

PROMPT SERVICE \* 1 YEAR GUARANTEE ON WORK CARRIED OUT

## WESTERN

Your local Building Suppliers

TIMBER    HARDWARE    PLUMBING    TOOLS  
PRENAIL    PAINT    INSULATION    GATES

t: 416 8164 2 Airport Road, WHENUAPAI

[www.westernitm.co.nz](http://www.westernitm.co.nz)



Plumbing & Roofing

# Laser

## Whenuapai

Your **LOCAL** for all:

- Roofing
- Plumbing
- Drainage
- Drain Unblocking
- Gas & Pumps

45 Brigham Creek Rd WHENUAPAI

**CALL US NOW**  
**09 417 0110**

*"Totally Dependable"*  
[www.laserwhenuapai.co.nz](http://www.laserwhenuapai.co.nz)



## Hobby Farmers & Amateur Hunters

We provide a top quality processing & packaging service for Recreational & Home-Reared meat. Maximise your return on investment & effort with our expert service.

Handcrafted sausages and small goods  
Free Range nose to tail butchering  
Paleo & Gluten Free Products

87 Brigham Creek Road, Whenuapai

P: (09) 416 8764 / E: nicole@meatmerchant.co.nz

## Viva Food Market

GROCERIES . FRESH FRUIT . VEGETABLES

COFFEE & ICE CREAM

FIREWOOD & KINDLING

FISH BAIT & ICE . DRY CLEANING

Many thanks to our customers for their support

Open 7 days 7am - 8pm

Ph 416 3336

1 Puriri Road, Whenuapai

Free Delivery for orders over \$50



McIsaacs

Chartered Accountants

MEMBERSHIP WITH INDICATOR

FREE Initial Consultation

A: Ground Floor, Takapuna Finance Centre,  
159 Hurstmere Road, Takapuna

E: roger@mcisaacs.co.nz



Roger Hadfield CA CTA  
Chartered Accountant - Director

P: 414 4050

M: 0274 869 755

www.mcisaacs.co.nz

## Barfoot & Thompson

Licensed under the Real Estate Agents Act 2008

17 years experience  
in marketing and  
selling homes!

If **YOU** also wish to benefit  
from my experience and  
proven success, please  
contact me for an  
obligation-free visit.



**Leila Morris**

M 021 893 413

B 09 215 2849 anytime

l.morris@barfoot.co.nz

www.barfoot.co.nz/lmorris

# From the Kitchen...



## Coriander/Cilantro *Coriandrum sativum*

This delicate aromatic herb is the '*International Herb of Year for 2017*'.

Growing conditions may be biennial. Generally, once the summer heat and dryness hit, this herb bolts off to seed and dies. Generally, it grows between 80cm to 1m in height and if regularly harvested, can be quite bushy.

**Growing:** Coriander likes to grow near Anise, dill, chervil, cabbages, carrots and it dislikes growing near Fennel. It is wonderful to attract beneficial insects whose larvae love to eat aphids, plant it near any of your plants which are bothered by aphids.

**Parts Used:** Foliage, roots and seeds.

**Harvesting:** Leaves right through the growing season. Roots, as required, best in young plants. Seeds, as they swell and mature, usually in autumn.

**Therapeutic Actions:** Foliage: Carminative, digestive stimulant, nutritive, antispasmodic, antioxidant, antimicrobial, antiseptic, diuretic, antifungal & anti-inflammatory.

Seeds: Carminative, digestive stimulant, nutritive, antispasmodic, antioxidant, antimicrobial, antiseptic, diuretic, antifungal, blood-sugar regulator, lowers blood pressure, detoxifying and anti-inflammatory, early research indicates it can be useful in cancer treatments.

**Medicinal Uses:** Roots and Foliage: Digestive stimulant, culinary, blood-sugar modulator, blood pressure & cholesterol modulator  
Seeds: Indigestion, bloating, diarrhoea, blood-sugar modulator, blood pressure & cholesterol modulator, heavy metal detoxer (inc. mercury) & culinary.

**Dosages:** Using Coriander: The leaves & roots; in cooking predominantly, both as a main ingredient, or as a garnish. The seeds; in cooking, but also in compresses and capsules. **Culinary Uses** Both the foliage and seeds are well known as culinary ingredients. The seeds are included in some alcoholic beverages, including Chartreuse and some Belgian beers. The seeds are used an ingredient in curries, stews, marinades, spice mixes such as dukkah and also in spice blend for preserving foods. Try this pesto recipe.

**Coriander Pesto** from Susun Weed (<http://wisewomanmentor.com/wise-woman-ezine/4299657>)

1 cup fresh, unwashed cilantro greens, no stalks, 3-6 large cloves garlic, peeled, salt (this is really important, as it helps grind the herb), extra virgin olive oil, at least a cup.

Coarsely chop the coriander & garlic. In a pestle & mortar or a kitchen wiz put a layer of greens, a bit of garlic and some salt, repeat. Add oil, blend well. Add more greens, garlic and salt, blend. If it looks too dry, add more oil. Repeat until the machine is full or you have used all your greens.

**Cautions & Contraindications:** Coriander seeds and herb are generally considered safe, though there are some who are allergic to Coriander. Care is required with anything more than culinary amounts if you are on blood-regulating or diabetic medications.

**\*Advisory Note:** This text is given as a general guidance. If any adverse reactions occur or symptoms persist, please contact a qualified Medical Herbalist or Doctor immediately.

(Extract from the Herb Federation of NZ Data sheet)

- Hobsonville Herb Group



# Herald Island Garden Club



We were fortunate to choose a fine Saturday after so much rain, to visit the Kaipara Coast Plant Centre and Sculpture Walk.

The plant centre is ideal, especially if you are searching for some quirky outdoor items and it also has a cafe to relax in after some retail therapy, or after checking out the exhibition. The secluded valley trail is extensive, so the printed guide to the sculptures, which includes a map, is great, as it shows several options for a gentle wander or longer bush walks. The fencing, gates and hard landscaping are creative in themselves and the pathways on different levels, create vistas across areas including an orchard, potager gardens, pond, mown lawns, native bush and even a waterfall. The sculptures range from some local schools creative recycling projects, to budding artists, community initiatives and full blown professional sculptor's works. Many of the pieces were inspired from nature... animals, birds, fish, insects, trees but others are more contemporary installations. They range from small art arranged in shelters to oversized works that need the large space to show them off to advantage. Materials include stone, wood, metal, glass, plastic, ceramics and recycled "stuff".

Now... gardeners tend to be a bit innovative themselves, so it was not surprising that some members were inspired to go home and get creative!



## KUMEU GLASS SERVICES

**Specialists in Windscreens & Glazing**

46 Main Road  
Kumeu  
PO Box 626  
Kumeu 0841  
**Darren Hakesley**



Phone: 412 9914  
420 7818  
838 1499  
Fax: 412 7875  
Mobile: 0274 965 586  
nwkgs@xtra.co.nz

## Local hero Coffee Works

*Coffee stall at Hobsonville Point Farmers Market*

**Open Monday-Friday 6.30-11.30am**  
**Saturday-Sunday 9-1pm**

**COFFEE • TEA HOT • CHOCS • GINGER LATTES**  
**• SCONES • MUFFINS • ORGANIC MILK**  
**• COLD DRINKS • EFTPOS**

The Landing  
Hobsonville Point

## HYFLO

PLUMBING &  
GASFITTING

Shane Summerville  
Ph/Fax 09 838 1192  
Mob 027 224 0872

## TECH AUTOS LTD

W H E N U A P A I

Specialising: 2WD & 4WD PETROL & DIESEL

**Servicing | Brakes | Cam Belts | Clutches**  
**W.O.F. Repairs and more...**

AUTHORISED "Servicing and Repair Warrant Agent"

David Wallace Ph/Fax: **416 1554, 0274 785 061**  
Mobile and workshop

Sharyn McIntosh

sharyn@ryanaccounting.co.nz  
www.ryanaccounting.co.nz  
PO Box 81079 Whenuapai 0662  
T: (09) 416 7067  
M: 0274 959 150

atanz

Ryan  
ACCOUNTING LTD

Get Return - Financial Statements - Asset Valuations - Business Structures - Company Formations - Rental Accounts

# Whenuapai Floral & Garden Circle

Sixty six members attended our second meeting of the year. Members were reminded that annual subscriptions are now due and to please pay as soon as possible. Margaret then read a verse with the theme to "seize the day". Once all the usual business had been dealt with, we were given a talk about bromeliads, which included being shown how to make new plants from the pups of the parent. Mother and daughter team Diane and Lucy Timmins enjoy propagating this popular plant but warn it is best to protect one's arms before working with them. A pair of long socks, with the feet cut off, will save one from getting badly scratched.



Pictured are Lucy, Di and Karen

At their commercial nursery they sell to Garden Centres and landscapers. Bromeliads have been a family obsession for many years and Diane told us that her mother had an extensive collection

and this is what engendered in her such a love for the species. Bromeliads originated in south and central America where the warm wet climate with dry winters is ideal for them. They are epiphytes and grow well on rocks. Like most species, they grow, flower and die, however the pups they have produced grow to take over the space and develop their own pups in time.

Billbergia is a genus of flowering plants in the family Bromeliaceae, subfamily Bromelioideae which was named for the Swedish botanist, zoologist, and anatomist Gustaf Johan Billberg. Billbergias have marbled patterning on their leaves and while green when grown in the shade, they become red when

exposed to full sun. Bromeliads need protection from frosts therefore a good idea to keep them in pots so they can quickly and easily be transferred to a warmer place when the temperature drops. They are susceptible to copper which can leach out of timber in the rain so watch where you place them. Bromeliads are popular for the instant look they give to an area of garden since they appear as if they have been growing there for a long time.

A porous mix is best when potting on bromeliads. One third each pumice, peat and pine bark works well. With added food, use of standard potting mix is fine. Add slow release NPK 14/11/14 or quarter strength Orchid fertiliser weekly in the growing season. Bromeliad pups can be planted on immediately after being separated from the parent plant. Water based liquid nails can be used to attach little pups to driftwood to make an attractive display which will thrive best in bright shade. Don't forget to use those old socks for protection!

Until next time,  
Happy Gardening from Mary Anne Clark



Under new management,  
and Greek lady Rena is back making Pizza every Friday night

**OPEN  
7 DAYS**

81 Brigham Creek Rd  
Whenuapai  
Telephone 416-6379

## Whenuapai Fitness Studio

	Mon	Wed	Fri	Wk/end
A.M	6:10	6:10	6:10	
A.M	7:00	7:00	7:00	
A.M	9:10		9:10	TBA
P.M	TBA	TBA	TBA	



Facebook: Fit and Foxy - Health and Fitness

## 15% Discount

Exp. Sep 30th 2015

6 weeks of Women Only, Small Group Training.

M:021-55-60-10  
E: info@fitandfoxy.co.nz



**Space now available for hire  
at Whenuapai Village Hall**


for details contact:  
Jane Paul

Ph: 416 1410 Email: bookings@whenuapai.org.nz

Reasonable rates for regular users and one off events

## Fish the Family Dish

Snapper and Kingfish caught out off the Herald Island Community Trust Wharf on Saturday morning 20<sup>th</sup> March on the turn of full tide. Daniel and Alan from Royal Heights exceeded their expectations when Alan landed a big Kingfish. The Kingfish put up a good fight after taking a Snapper bait. Daniel caught the two nice eating sized Snapper.



**Minimum Snapper size is 30cm and minimum Kingfish size 75cm.**

# ~ CAUSE WAY ~ CLUB NEWS



**FREE**

**SERVICE**

Alcoholics Anonymous  
Whenuapai Branch  
Meets Tues from 7.30 pm at  
Whenuapai School Hall  
Margaret - 810-8521

Citizens Advice Bureau  
833-5775

Civil Defence - Resident's  
Response Team  
In emergencies meet at the Fire  
Station, 57 Ferry Pde

Club Physical Toastmasters  
Is speaking a barrier?  
Dare to make it a strength?  
Find out about our friendly,  
supportive club.

Early morning and evening groups  
Paul - (027) 291- 7989  
Tina - (027) 291- 8027

Greenhithe Bridge Club  
Mon evenings 7.30pm at the  
Old School House, Collins Park.  
Social players and  
beginners welcome.  
Gill - 413-8339  
Pat - 410-6272

Herald Island Boat Club  
Paul Judd - 416-4194

Herald Island Art & Craft Group  
Meet every Wednesday morning  
from 9.30-12noon at the Herald  
Island Fire Station. Friendship,  
crafts and a cuppa. All welcome.  
Enquiries:  
Sue McElroy 416-4298

Herald Island Garden Club  
Second Tuesday of each month.  
Lee Barry - 416-3981

Herald Island Hall For Hire  
heraldislandbookings@gmail.com

Herald Island Heritage  
Sub-committee  
Margret Brands 416-7452  
heraldisland.museum@gmail.com

Herald Island Library  
Weds: & Sat: 10-12noon  
Etta Gillon - 416-7638

Herald Island Museum  
57 Ferry Parade  
Open first Sat of month  
10am - 12noon  
or by appointment  
416-8348

Herald Island Playgroup  
Tues 9.30-11.30am  
at the HI Hall.

Gold coin donation per child.  
Contact: Sarah 021-791-949

Herald Island R&R  
Ian McNeill - 416-6047  
Kevin Casbolt- 416-1318

Hobsonville Bowling Club  
Joe Chojnacki - 416-5993  
Paul Thompson - 416-5422

Community Patrol  
Whenuapai,  
Graeme Barnard 416-4499

Hobsonville Herb Group  
Meets 1st Tue of the month  
Diane - 021-135-9613

Hobsonville R.S.A. 416-7227

Karate Classes  
Adults - Children - Teenagers  
Herald Island Hall  
Monday 7.00-8.00pm  
Thursday 7.00-8.00pm  
David Cox - 416-6620  
Henry Lotter - 021-807-231

Neighbourhood Support  
Whenuapai,  
Graeme Barnard 416-4499

NZ Society of Genealogists,  
Waitakere Branch  
4th Thurs from Jan - Nov  
Glen Eden Library, Meeting Room,  
Glen Eden. 7.00pm  
\$4 door charge.  
Lani Rimington - 818-2161

Tauhinu Sea Scout Group  
Rahui Rd, Greenhithe  
Keas (Wed 6 - 7pm) Ages 6 - 7  
Cubs (Mon 6.30 - 8pm) Ages 7 - 11  
Scouts (Thu 6.30 - 8.30pm)  
Ages 10 - 15  
Venturers (Tue) Ages 14 - 18  
Phone 416 4451

U3A Hobsonville  
Meets 3rd Thursday of the Month  
(excl. Dec & Jan) 10am  
Hobsonville Bowling Club  
Carol Denton - 416-4860

Upper Harbour Boat Watch  
Co-ordinator  
Eddie Grassick - 416-8220  
Greenhithe  
Neil Beken - 483-7323

Whenuapai Air Scout Group  
Tim Dunbar - 416-6667

West City Concert Band  
Invites brass and woodwind  
musicians to join them on Wed  
nights 7.30pm, Henderson High

West Harbour Tennis  
416-6886, email:  
westharbourtennis@xtra.co.nz  
Open mornings Monday &  
Fridays 9.00-11.30  
\$3 ~ Non-members welcome  
Racwyn Hassett - 416-7304

Whenuapai Floral & Garden Circle  
Margaret Treneary - 412-8788

Whenuapai Hall For Hire  
Jane Paul - 416-1410  
bookings@whenuapai.org.nz

Whenuapai Pony Club Inc.  
Clark Rd, Hobsonville  
New members welcome,  
including adults.  
Grazing available.  
Friendly supportive club.  
Jan Shackell - 416-7818

Whenuapai R&R  
Chair: Norm Duncckley - 416-8537  
chair@whenuapai.org.nz  
Secretary: Andy Milne -  
021416651  
secretary@whenuapai.org.nz

## WAITEMATA TIDE CHART

Date	High Water Auckland		Sun Rise	Sun Set
April				
14 Fri	0932	3.1	2157	0645 1757
15 Sat	1010	3.1	2234	0646 1756
16 Sun	1048	3.0	2313	0647 1754
17 Mon	1127	3.0	2354	0648 1753
18 Tue	-	3.0	1209	0649 1752
19 Wed	0040	2.9	1254	0649 1750
20 Thu	0130	2.9	1344	0650 1749
21 Fri	0224	2.9	1439	0651 1748
22 Sat	0320	2.9	1538	0652 1747
23 Sun	0416	3.0	1638	0653 1745
24 Mon	0510	3.1	1736	0654 1744
25 Tue	0602	3.2	1831	0655 1743
26 Wed	0654	3.4	1923	0656 1742
27 Thu	0745	3.5	2014	0656 1740
28 Fri	0837	3.5	2104	0657 1739
29 Sat	0930	3.6	2155	0658 1738
30 Sun	1022	3.5	2248	0659 1737
May				
1 Mon	1116	3.4	2342	0700 1736
2 Tue	-	3.4	1211	0701 1735
3 Wed	0039	3.4	1308	0702 1734
4 Thu	0138	3.2	1408	0702 1733
5 Fri	0238	3.2	0604	0703 1732
6 Sat	0306	3.1	1609	0704 1731
7 Sun	0432	3.1	1706	0705 1730
8 Mon	0524	3.1	1759	0706 1729
9 Tue	0613	3.1	1847	0707 1728
10 Wed	0659	3.1	1931	0708 1727
11 Thu	0742	3.1	2012	0708 1726
12 Fri	0823	3.1	2051	0709 1725
13 Sat	0902	3.1	2129	0710 1724
14 Sun	0941	3.0	2206	0711 1723
15 Mon	1019	3.0	2245	0712 1723
16 Tue	1059	2.9	2326	0713 1722
17 Wed	1140	2.9	-	0713 1721
18 Thu	0010	3.0	1225	0714 1720
19 Fri	0057	3.0	0353	0715 1720
20 Sat	0149	3.0	1406	0716 1719

# Trade/Professional & Services List

Accountant	Jackie McConnell	021-373-498/837-2463	Law Office	Davenports West	027-474-5073/ 836-4099
Accountant	Roger Hadfield - McIsaacs	09-414-4050/0274-869-755	Lawyer	Blucher Law Ltd	021-665-752/412-5624
Accountant	Sharyn Ryan	0274-959-150/416-7067	Lawns/Garden Maintenance	Brian Stevens	021-344-1552/416-7033
Animal Healing	www.animalhealing.co.nz	832-9273	Lawns and Property	Handy1 Trade Services	0800-242-639/027-242-6391
Appliance Servicing	Challis Appliances	416-8258	Loans	Fundagroup Insurance Brokers	0274-386-387
Artisan Craft Supplies	Provenance	provenance.co.nz	Locksmith	Western Lock Services	416-6057/832-7602
Automotive	Keightley Motors	416-8964	Massage/Remedial Therapies	Jayne Shines	416-1348
Automotive	Tech Autos	416-1554	Medical	Westgate Medical Centre	833-3134
Automotive	Whenuapai Automotive	027-459-5635/416-8225	Midwives Out West	Hsn Medical Centre	0800-633-364/8368-616
Automotive & Marine Products			Mowers & Chainsaws	Jim Bolton	416 8714
www.promaperformance.co.nz/trevorwillmot		416-8156/0274-844-285	MP	John Key - National Party	412-2496
Bed and Breakfast	Totara Waters	416-8272	Paint, wallpaper etc.	Guthrie Bowron	09-441-4384
Builders/Project Managers	Waller Projects	416-7643/021-802-845	Painter/Decorator	Steve Bevan	416-8183
Building Contractor	Doug Third	021-411-13709/416-7646	Painter/Decorator	Adam Evans	021-133-7031
Butcher	Meat Merchant	416-8764	Palms & Landscaping	Danny's Palm Growing Co	021-442-313
Café/Restaurant	The Brigham	416-7369	Pet Feeding/Dog Walking	Home & Away Pet Feeding Services	416-6979
Carpet Cleaning	Norwest Carpet Care (Bruce)	0274-472-456/412-6952	Pharmacy	Hobsonville Pharmacy	416 8277
Cattery & Vet	Catmandu	0275-444-427/416-7039	Plaster/Stop or Skim	Ken Knox	027-478-5253/817-6385
Chiropractic	Christopher & Noelene McMaster	412-5536	Plastering	Lucena Drywall Co	021-131-6421
Citizens Advice Bureau	Massey CAB	833-5775	Physiotherapist	Hobsonville Physiotherapy Clinic	416-4455
Clothing Alterations	LookSmart Westgate	215-5791	Playgroup	Herald Island Playgroup (Emily)	021-028-39276
Clothing Alterations Kim	SewEzy	0240-739-399	Playgroup	Whenuapai Village (Sonia)	416-5346
Clotheslines	Kiwi Clotheslines	0274-718-336/411-8077	Plumber	G Maber	021-626-299/416-9686
Coffee	Coffee CAN	www.coffeecan.nz	Plumber	Plumb Tight	022-416-6061
Coffee	Deli Brothers	416-9926	Plumber & Gasfitting	Hyflo	027-224-0872
Coffee	Local hero Coffee Works	022-645-4776	Plumbers & Roofers	Laser Plumbing, Whenuapai	417-0110
Computer Problems?	Norwest IT Services	0274-388-603/416-5129	Podiatrist	Linda Tulett	021-202-9883/09-282-1227
Computer Repairs/Sales	Scott Trask	416-6011	Property Management	Glenn Savery	027-499-8415/832-0832
Counselling Psychologist	Mandie Smith www.revivepsychology.nz	021-298-2482	Rawleigh's Healthcare	Andrew	022-34-7035
Curtains	T&K Upholsterers Ltd	833-5822	Real Estate	Barfoot & Thompson Warren Bexley	416-5599
Dance Classes	Dance Pointe	0210-222-4245	Real Estate	Barfoot & Thompson Leila Morris	021-893-413/09-215-2849
Dance Teacher	Jazz & Hip Hop - Tania Foster	416-6557	Real Estate	Barfoot & Thompson Tim Wery	0274-909-705/416-3941
Denture Services	DT Denture Clinic	416-5072	Real Estate	Barfoot & Thompson Lorraine Haslam	0274-758-520/416-3941
Denture Services	West Auckland Denture Services	021-661-426	Real Estate	Barfoot & Thompson Stella & Kristen	021-413-433/416-4804
Desktop Publishing	Huapai Copy & Print	412-8882	Real Estate	Bayleys Jayne McCall	021-606-969/09-212-8831
Drain Layer	Echo Drainage	021-416-420/416-6849	Real Estate	First National Amanda Wiapo	027-465-7571
Drain Layer	Lupton Drainage	0274-776-154/ 810-9595	Real Estate	Harcourts Annie & Sophie	0274-995-101/416-9611
Early Learning Centre	Real Kids	021-627-456	Real Estate	Harcourts Geoff Polglase	027-874-663/416-8176
Electrician	Connect Electrics	022-332-6663/412-6066	Real Estate	Harcourts Paris Youroukelis	021-083-685-28
Electrician	Good Electrical Ltd	0274-984-762/416-9473	Real Estate	LJHooker Sandra Anderson	417-0262/027-268-4322
Electrician	Level Up Electrical	022-538-3587	Real Estate	Premium Courtney Wood	027-688-0818
Electrician	Streamline Electrical - Chris	021-488-274	Real Estate	Glenn Savery	027-499-8415/832-0832
Electrician	Wired Electrical	416-6148	RSA	Hobsonville	416-7227
Flooring	Classic Floors - Greg	027-2881-775	Skincare, Natural, Botanical	www.gracecosmetics.co.nz/twillmot	416-8156/0274-844-285
Food Market	Viva Food Market	416-3336	Storage	About Storage	0274-958-933/09-9450-470
Garage Doors	Don Morris	416-4907	Storage	Whenuapai Storage	0274-953-930
Glass Services	Nor-West & Kumeu Glass Services	412-9914	Surveyors	Boundary Consultants	021-855-247/838-3109
Hairdresser	Andrienne's	0210-261-5324/832-3401	Takeaways	Euro Pizza	416-6379
Handyman	John Van Westrene	027-442-0288/413-9066	Takeaways	Po Chai, True Taste of Thai	021-157-9318
Health	Coolit Bodysculpt	022-044-9838	Taxi	Cheap Cabs	621-0505
Health	Club Physical	0800-258-248	Timber/Hardware	Western ITM	416-8164
Health	Fit & Foxy - Melody	021-556-010	Travel	The Travel Brokers	027-294-7744/416-1799
Herbs	Sue - Hobby Herbs	416-4298	Tree work esp. fruit trees	Gayo Vodanovich	416-7050
Ink and Toner	Huapai Copy and Print	412-8882	Upholsterers	T&K Upholsterers Ltd	833-5822
Insurance	Fundagroup Insurance Brokers	416-9944	Water - Pure	Aquadynamics	0800-787-396
Insurance For Life	Wendy Crenfeldt	021-848-844			
Interior Design	Armstrong Colour Design (Alison)	021-412-417			

~To advertise in this 'Trade/ Professional & Services List' costs \$12.00 for 3 months ~



**AS A LOCAL, MY GOAL IS TO CREATE CLIENTS FOR LIFE THROUGH THE FINEST SERVICE IN REAL ESTATE.**  
**WHY NOT PUT ME TO THE TEST?**

**Paris Youroukelis**

Licensed Salesperson REAA 2008

**021 083 685 28**

[paris.youroukelis@harcourts.co.nz](mailto:paris.youroukelis@harcourts.co.nz)

[www.bluefern.harcourts.co.nz](http://www.bluefern.harcourts.co.nz)

